



Office address:

6640 S Kings Ranch Road
Gold Canyon, AZ 85118
Phone: (480) 982-3776
Fred Steinberg, Senior Pastor

Church E-Mail:

churchoffice@goldcanyonumc.org
revstein78@gmail.com
Prayer Chain: gcumcprayers@mchsi.com
Web site: www.goldcanyonumc.org

Vol. 24

October 2011

NO. 10

**From The Pastor:
“Effective Habits ”**



We oftendo things in this life without really thinking. Habits are ingrained in our lives and we just act like we always have. I once read about a daughter who was watching her mom prepare a tur-

key for their Thanksgiving dinner. The daughter noticed that her mom had cut one of the turkey’s legs off before placing it in the oven. But when the daughter examined the turkey leg, it seemingly looked normal. This was something that her mom did every year and it always puzzled the daughter. So one day the daughter asked her mom, “Why do you always cut off the turkey leg? Is there something wrong with it?” Her mom responded, “Actually, I’m not sure...it was something that my mother always did, and I guess it just stuck with me. Why don’t you ask grandma later tonight.” So that is what the daughter did. When her grandma arrived later that evening she asked her, “Grandma, why do you cut off the turkey leg before placing it in the oven? Mom does it, but she doesn’t know why.” Her grandmother chuckled and said, “Honey, I cut it off because our oven was too small to fit the entire turkey inside.”

Some habits are useful and some have outlasted their usefulness. Have you ever bothered to think about your spiritual habits? Which have served you well? Which are obsolete? If you feel that your spiritual life is stagnant, there are things you can do in your life to grow closer to God. During October and November we will take a look at seven spiritual habits that can strengthen your faith. They work a lot better than just blindly cutting the leg off a turkey.

Grace and peace,

Fred



**Sermon Series
7 Habits of Highly
Effective Christians**

- 10/9 – Scripture
- 10/16 – Prayer
- 10/23 – Worship
- 10/30 – Visionary
- 11/6 – Servant
- 11/13 – Generous Giver
- 11/20 – Thankful



We invite you to join our church!
Coffee With the Pastor (New Member Inquiry) 6:30-8:00 pm, Monday, October 17, 2011

We invite those who are thinking about making Gold Canyon UMC their new church home to attend the next Coffee with the Pastor gathering on October 17, 6:30-8:00 pm in the Music Room in the Sanctuary Building. During the gathering, led by Pastor Fred, we will take a look at our church's ministry and the history of the United Methodist Church. No reservations are needed. If you need child care, please contact the office so we can provide a child care worker. Come be a part of Gold Canyon UMC's ministry! We would love to have you join us!



Christian Education

By Katharine Keller

“Our mission is to bring the love of Christ and His teachings to learners of all ages on their spiritual journey, that they be transformed and thus positively affect our local and global communities.”

Our Journey Together Continues...

I am privileged to already know many of you, but for those whom I don't, let me share a few thoughts about myself. My husband, Rev. Julius Keller, and I came to Arizona in 2006. While Julius began a new church start in Gilbert, I began here at Gold Canyon as the Director of Christian Education. I left after a year to assist Julius. These past four years have been enlightening and inspirational, but now I am delighted to have the opportunity to serve this congregation once again.

At this stage Julius and I can boast four grandchildren with two more on the way, all family living in the Midwest, South, and Northeast. I am an avid hiker, traveler, a volunteer for the Gilbert fire department and board member of Gilbert Leadership.

It's great to be with you all-- young and “young at heart”; I have an open door and wish to get to know you, so please drop by to chat!

We're Still Looking...

As I come on board, I note that we are shy of teachers in children's classrooms. Might God be giving you a nudge to teach the youngest in our congregation? Truly there is no greater joy, nor better tool for you to grow spiritually, than in teaching children. I am open to being flexible with your schedules, if you can only teach a couple of weeks per month. Please contact me at the church or use my email, ladiebug1214@gmail.com, if you are available during the 9:30 or 10:50 services. We are also in need of a woman who loves babies and toddlers, who can substitute when our Nursery Coordinator is not able to be here. For all classes we have curriculum and I will spend as much time as needed orienting and assisting you. Thank you for giving this your prayerful consideration.

The following short term adult studies are being offered this year by our Pastoral Intern, Jody Topping:

Introduction to World Religions - This seems to be the most popular of the three classes, so we're hoping to begin our class sessions in early October. Watch for scheduling information in your Sunday morning bulletin. We will use a study written by Rev. Adam Hamilton from the Church of the Resurrection UMC in Leewood, Kansas. Over a 5-6 week period, we will explore questions that people ask about Hinduism, Buddhism, Islam, Judaism and even Christianity. We will look at each religion's basic beliefs in order to gain a better understanding of how they intersect with each other. Each study group meeting will be no more than 90 minutes long.

This We Believe: The Core of Wesleyan Faith and Practice - This 8-10 week study will provide participants with information about our Methodist beliefs so we can live more faithfully as disciples of Jesus Christ. Each study group meeting will be no more than 90 minutes long.

Meeting God in Scripture: Understanding Spiritual Gifts - This 6-8 week study will help participants identify their spiritual gifts and consider how God wants them to be used. Through this study, new doors into your spiritual formation may be opened. Each study group meeting will be no more than 90 minutes long.

We hope you will join one or more of these short term studies. Watch your Sunday morning worship bulletin for more information on scheduling and locations.

Christian Education (continued)

Sidewalk Ministries

Sidewalk Ministries is gearing up for a new year at a new location!! We are looking for volunteers who are storytellers, song leaders, and kitchen helpers, as well as men and women who can donate 10-15 minutes of their time leading discussion groups with the older children, ages 9-14. These groups will talk about how the Bible lesson of the day can be applied to their daily lives. Your long- or short-term commitment will be greatly appreciated. Please call June Welker, 480-986-0129 or Bev Stout, 480-926-6479, for more information. Sidewalk Ministries begins Saturday, October 22, at Avalon Elementary School, 1045 South San Marcos Drive, Apache Junction, at 10am. We hope to see you there and please remember the children in your prayers.

BIBLE BANTER



BEGINNING MONDAY, OCTOBER 10
9:30-10:30 AM
MOUNTAIN BREW COFFEE HOUSE
6832 SOUTH KINGS RANCH RD
SUITE 5

(LOCATED NEAR THE NW CORNER OF US 60 AND KINGS RANCH RD)

You are invited to join Jody Topping, Pastoral Intern and Katharine Keller, Director of Christian Education for some coffee and stimulating conversation as we talk about ways we can live out our faith in today's world. This group will meet weekly on Monday mornings from 9:30-10:30am and all are welcome. Don't forget to bring your Bible and any theological topics of conversation you would like us to explore!!



MINISTRY FAIR COMING SOON!

A ministry fair is an opportunity to highlight and celebrate the ministries of our congregation. God is working through your group, and we want to let the excitement be known and shared by others who may not be aware of all that is being done in the name of Jesus here at Gold Canyon UMC. It will also be a chance for others to volunteer and join your group, now that they know about your ministry and want to become a part of it.

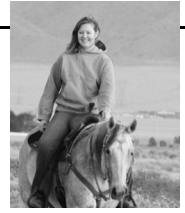
Sunday, November 13 is the big day! Your ministry group will have a table or area in which to display any items or written materials about your group for the entire morning. Please let Katharine Keller know that you would like a table by calling the church office. There will also be forms available in the office for special requests (like electricity, for instance) so we can work out those details. It would be helpful for you to set up your display on the Friday before, or by 7:15am on Sunday so all displays are ready before the 8am worship service. It's also a good idea for someone from your group to stand beside your display throughout the morning to answer questions.

We look forward to making this a fun and exciting event!!





Gold Canyon UMC Youth



Wendy Moore, Youth Director

A great year in review!

Well, it's hard to believe that I've been the Youth Director at Gold Canyon UMC for a year! It has been a privilege to work with such terrific kids. We have enjoyed the support of many adults like Jill Saathoff, Jody Topping, Beth Steinberg, Fred Steinberg, and Jed Moore. Our Young Adult Group members who joined us on the mission trip and other events included: Tim Steinberg, Stefan Vander Heyden, John Anderson, Sean Sheridan, Scott Moore, Shelby Olsen, Nathaniel Gingrich, JJ Hayes, Luke Dexter, Natalie Donald and Nick Saathoff. Daniel Bos also served as a "Red Shirt" counselor at Group Cares this summer.

Over the last twelve months we have seen the group grow and change. Our youth participated in and supported many events including the Group Cares mission trip to Navajo Mountain, Utah; Fall-O-Ween; sponsoring a child through World Vision; holding the first All Church baseball game; finishing 3rd place out of 13 teams in church league volleyball; rock climbing; hiking; movie nights; trips to Carlsbad Beach, California and Disneyland; and two food prep events at "Feed My Starving Children." We also helped with various other church functions, and started the Gold Canyon UMC Young Adult group to provide continued support for our youth as they transition into adult life after graduation from high school.

We are always interested in new members. The youth group meets every Sunday night in the education building from 6:30-8:30. If you know of any kids grades 7 through 12 who might be interested in sharing the fun and fellowship of our youth group, please pick up a flyer next to the youth bulletin board in the education building or contact Wendy Moore at 480-459-1809 or by email at jeymoore@gmail.com. If you know of any high school graduates who would be interested in the fun and fellowship of our young adult group, please contact Wendy or Jed Moore at the above phone number or email address. .

News:

Watch for announcements about Fall-O-Ween this month.

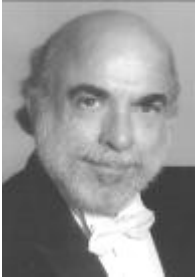
Perspectives:

"Government can hand out money, but it cannot put hope in our hearts or a sense of purpose in our lives. It cannot bring us peace of mind. It cannot fill the spiritual well from which we draw our strength day to day. Only faith can do that." **President George Walker Bush**

"The world is very different now. For man holds in his mortal hands the power to abolish all forms of human poverty and all forms of human life. And yet the same revolutionary beliefs for which our forebears fought are still at issue around the globe—the belief that the rights of man come not from the generosity of the state, but from the hand of God..... Let every nation know, whether it wishes us well or ill, that we shall pay any price, bear any burden, meet any hardship, support any friend, oppose any foe to assure the survival and the success of liberty..... With a good conscience our only sure reward, with history the final judge of our deeds, let us go forth to lead the land we love, asking His blessing and His help, but knowing that here on earth God's work must truly be our own." **President John F. Kennedy**

"Without God, there is no virtue, because there's no prompting of the conscience. Without God, we're mired in the material, that flat world that tells us only what the senses perceive. Without God, there is a coarsening of the society. And without God, democracy will not and cannot long endure. If we ever forget that we're one nation under God, then we will be a nation gone under." **President Ronald Reagan**

Music Notes



October already! Oh my, where does the time go? The good news is the weather is finally turning cooler, relatively speaking, and we look forward to the changing colors and the possibility of wearing long sleeves and long pants again!

All of our ensembles are in full swing now. If you have an interest in music and would like to join one of our groups, please let me know. Here is the schedule:

- Tues: 6:30-8:00 PM, Sanctuary **Chancel Ringers**
(adult - should have handbell experience)
- Wed: 5:30-6:00 PM, Music Room **Angel Choir**
(grades 4-8, directed by Kathy Nuss)
- 6:00-7:00 PM, Sanctuary **Youth Handbell Team** (Junior and senior high youth)
- 7:00- 8:00 PM, Music Room **Orchestra**
(grade 6 through senior citizen – dust off that instrument and join us!)
- Thur: 6:50-8:30 PM, Music Room **Chancel Choir**
(Senior high youth through adult, should be able to sing on pitch and read music at least a little – no audition)

If you have any questions about any of these groups and wish to join one, please give Doug Benton a call at the church.

We also have a Praise Team, **Uncommon Grace**, that leads worship at our 10:50 AM Praise Service, and a country/western group, **One in the Spirit**, that leads our Country/Western Service at 5:00 PM. David Ballard directs both these groups and would be the one to call if you have an interest in singing in either one. We may have more opportunities for you to share your musical talents, so watch the newsletter and bulletins for more information.

Lost & Found

Have you ever lost something and it may have been while you were at church? There is a Lost and Found box in the Church office that contains things like keys, jewelry, sunglasses, umbrellas, etc. If you think your item may be with us, stop by the office.

If you haven't already done so, take the *GCUMC Performance Schedule* and put it on your calendar, refrigerator, etc. Both the Gold Canyon Arts Council's *Canyon Sounds* and our own *Performing Arts Series* will present some incredible talent this year. I hope you will take advantage of both series. It is amazing to me the quality of performances that come to our community!

On a personal note, I want to again thank those of you who kept me in your prayers during my ankle surgery and recuperation, and your patience with me as I got back on the organ bench. Hopefully by the time you read this, I'll be back at 100% again. This process has really made me aware and more sensitive to what many of you have gone through with surgeries and physical therapy. I thank you all!

Blessings,

Doug

Douglas J. Benton
Director of Music Ministries



**STEPHEN
MINISTRY®**

Talk It Up!!

If you are grieving, you probably are really, really full of your loss and want to talk about it. However, you probably find that others - your friends and immediate family - want to avoid any meaningful discussion of your loss. You are crowded into carrying the "grief-ball" inside - hurting, festering, bottled up.

You NEED to overcome society's conspiracy of silence and TALK ABOUT YOUR LOSS!!! Don't stay shot down with the grief that is consuming you, that has you locked away. ENTER A STEPHEN MINISTER!! A Stephen Minister will listen, is trained to get you opened up, trained to care for and comfort you in the choking morass of your troubled grief. Please call the office for a referral to a helpful Stephen Minister.



*News from the Health and Wellness Ministry of
Monica Ortega-Watters and Susan Malloy, Parish Nurses*

This is part two of the topic of Eye Health. Last month we discussed the importance of eye care for infants and children. As our children grow into their preteen and teenage years it is important to guide them how to care for these two precious organs: their eyes.

Living in the digital age has already consumed preteens and teenagers. They feel they have to stay connected to the world around them in real time. That means hours using computers, smart phones, videogames and other digital devices.

Unfortunately, there are no long term studies yet to confirm what is suspected, but eye doctors say there is good reason to believe these devices will indeed do damage to the vision system over time and with lengthy usage. It may begin with eye strain, so here are some tips to help avoid the spiraling decline of vision in our youth and young adults.

- Tip#1 Sit about 25 inches from the computer screen and position the screen so your eyes gaze slightly downward.
- Tip#2 Reduce the glare from the screen by lighting the area properly. Use a screen filter if needed.
- Tip#3 Post a “post-it” Note that says “BLINK” on your computer to remind yourself to take time to blink your eyes to keep them moist. This will help decrease dryness, strain, and headaches. Studies have shown that we blink half of the normal 18 blinks a minute

while using the computer and other digital devices whether for work or play.

- Tip#4 Implement the 20-20-20 Rule. Shift your eyes away from the screen about every 20 minutes and focus on an object that is 20 feet away for 20 seconds.
- Tip#5 Use artificial tears to refresh your eyes when they feel dry & scratchy. There are several on the market that provide relief and protection.
- Tip#6 Take regular breaks away from the computer. Set a Timer if you have to remind yourself that it’s time to get up and move. Walk around, get a drink of water and remember: don’t let these devices consume your life. There is a world away from Facebook!! Our children, young adults and even older adults can lose their social skills with regards to “face to face” contact if we allow the computer to consume us.

Next time we will talk about what you can do nutritionally to keep those peepers bright and working efficiently up into our much later years. It is possible to protect and even change your DNA so your eyes can provide you with visual enjoyment for years to come. Until next time...

Blessings of Health and Wellness,
Susan L Malloy RN BSN

Roadrunner Email

Would you consider receiving your *Roadrunner* and event announcements by email? If so, please fill out the information below, tear it off and drop it in the collection plate or send it in to the church office.

PLEASE PRINT CLEARLY

Name: _____

Email Address: _____

Name: _____

Email address: _____

Do you wish to continue to receive hard copy Roadrunners as well? ___ Yes ___ No

MIND MENDERS SUPPORT GROUP

....meets on the 2nd & 4th Friday each month at 10:00 am in the Education Building. Mind Menders is a support group for caregivers of Alzheimer's and other dementia disease patients. Come join us.
Contact Jeanette Lunstead at 480-671-9888 or the church office for more information.

CANCER SUPPORT GROUP

.....meets each Wednesday at 11:00 am in Room 101-102. This active group provides spiritual support, love, friendship and a helping hand to cancer patients, caregivers and their families. For further information, contact Tom or Dee Ashe at 480-924-5483 or 480-650-6765 (cell) or by email at deenashe7580@gmail.com.

A Heartfelt Word of Thanks...


Dear Church Family,

I wanted to express my "heart" felt thanks for all of your cards, visits, flowers, gifts, food, phone calls, emails & texts during my recent health issues. Thank you so much for your prayers! I was overwhelmed by your kindness & your caring during this difficult time. It was such a shock to find out that I was having heart problems! The good news is that my "broken heart" is mending & I am on the road to recovery. Thank you again for all of your love & prayers!

Blessings, Beth

It's Country Western Time!

October means the Country Western worship service is on at 5pm every Sunday. One In the Spirit will play and sing for all but the last Sunday of the month. The Houser's will provide the music for the last Sunday.

It is also time for our annual *Fall*  *ween* event on October 30, sponsored by the W.O.W. ministry group. You will find information about the whole event elsewhere in this issue. At 5pm that Sunday we will gather in the Koinonia Room for music by the Houser's and a visit from the circuit rider preacher. His frontier sermon is sure to stir your soul and lift your spirits.

We hope to see you as often as possible at 5pm every Sunday through the end of June, 2012. Yee Haw!



DONATIONS AND ATTENDANCE

Let no debt remain outstanding except the continuing debt to love one another... Romans 13:8 (NIV)

August	2009		2010		2011		2010	2011
	General	Building	General	Building	General	Building	Worship All	Worship All
1st	13306	5987	13267	7472	12958	8296	440	448
2nd	11260	14521	9134	12588	23451	5992	409	462
3rd	8395	4080	10082	2886	9553	2960	409	435
4th	12108	4073	7741	2779	7609	1552	452	525
5th	6784	2398	8763	2773	—	—	534	—
Total	51853	31059	48987	28498	53571	18800	2244	1870

Church Wish List

Want to give back to Gold Canyon United Methodist Church beyond your pledge to the General Budget or the Building Fund? Listed below are some items requested by staff and laity that will better enable us to fulfill our mission as a church.

- Pave the North Parking Lot - \$200,000
- Religious Statue for South Exterior Alcove of Sanctuary
- Pipes for the Electronic Organ
- Stained Glass for upper Sanctuary windows - \$105,000 (\$3,000 per panel)
- Playground Equipment

ONLINE GIVING AVAILABLE!

You may give a one-time or recurring donation online by logging on to our church website at www.goldcanyonumc.org and selecting "Click to Give."

You will then be guided through the steps to get set up. It's easy and convenient!



WITHIN THE CHURCH FAMILY

By Hu & Wendy Rhymes, with a little help from Hattie, Muffin (& Sadie, too)



CHANGE IN E-MAIL: Please go back to our old e-mail whsadier@earthlink.net

JUST A REMINDER: Please let the Rhymes know or call the church office if you **WANT A NAME REMOVED FROM THE ROADRUNNER or SUNDAY PRAYER LIST** or are having surgery or are in the hospital, if you wish a visit or want to be on the Sunday Prayer List.

FROM THE SADIE RHYMES' MISSION CORNER

A big thank you to all the volunteers who have worked in the food bank and given many hours to helping folks, dogs and cats with food. Of course there wouldn't be a food bank without all of you and the community who donate so much. Thank you to Jeff Downing, Dan Gray and Rush Tucker who head up this mission.

THANKS to all of you who have donated PET FOOD or money for Pet food. Sadie thanks you bunches and we do also. Thanks to Jolene & Michael Agnew again. They are purchasing and bagging dog food once a month. A BIG THANKS to Margaret & Robert Baker & Les & Marlene Kimball for helping bag food. This is so much help for us. IF YOU WOULD LIKE TO HELP, WE STILL NEED FOLKS WHO CAN HELP **BAG** PET FOOD. THIS CAN BE DONE AT HOME. We will make arrangements for the pet food. PLEASE call the office or let the Rhymes know if you can help us with bagging.

Love, Hu, Wendy, Hattie, Muffin and Sadie too!!!

WITHIN THE CHURCH FAMILY

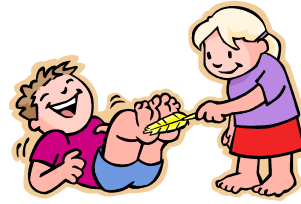
Sympathies: Autumn Barber & children, upon the death of her husband, Tim; Shelby Dowd, upon the death of her mother; Donna Graves, upon the death of her father; Bill, Ronna & Jeff Green, upon the death of Bill's wife & Ronna & Jeff's mother, Louise; Gaylord Hart & Kathy & Paul Fabish, upon the death of Gaylord's wife & Kathy's mother, Olive; Jeff & Jane Hayes, upon the death of Jeff's mother, Beth; Brenda Rahaneotis, upon the death of her sister, Miriam Hanson; Pat Zirjacks, upon the death of her husband, Don and the families & friends of the above.

Concerns and/or Continued Prayers: Johnnie Anderson (Paula Tucker's uncle), Billie Arnold, Walt Apffel, Joey Baker, Charlie Ballew, Betty Jo Benton (Doug's mother), Andy Bergstedt, Cathy Bird, Jim Bradford, Lil & Bill Buitenhuis, Bob Burgi, Warren & JoAnn Clark, Jane Cutler (Margaret Colmer's sister), Donald Dick, Kay Droste, JoAnn Ervin, Janet Gaal, Joyce Giger, Mike Gross, Alan Helquist, Jim Haner, Lyle Jensen, Lauren Jordan, Mariol Knapp, Zachry Knowles, Bill Kresse, Gerry Legg, Bev Mitchell, Briana Morgan, Randi Olson, Harry Paddock, Phil Parnham (Bev Stout's sister), Catarina Pascual, Linda Price, Sandy Reisch, Paul Roberts, Linda Schafle, Barbara Schlee, Lolly Skillman, Donella Sparks, Gary Stemple, Nathan Stang,

Robert & Carol Warner, Monica Ortega-Watters, Harold Wright, Flo Zahn (Thacker's relative) and PRAYERS for the families & caregivers of the above. PRAYERS for requests in the "CONFIDENTIAL PRAYER" boxes & UNSPOKEN REQUESTS. Also, those FOOD BANK CLIENTS who have requested prayers. PRAYERS for our MILITARY personnel (Chris Everett & Matthew Jacobson), those in harm's way & those suffering from PTSD & other maladies as a result of their military service & their families. Also, those who are POOR or HOMELESS & IN NEED OF EMPLOYMENT. PRAYERS for the families of SIDEWALK MINISTRY. ALL FOLKS AFFECTED by the recent storms & heat everywhere. CONCERN for Lisa Buscher in Maryknoll Mission Center in Bolivia (Daughter of Jeff/Jane Hayes) & Rev. Kris Denning & family in OK (Rhymes' & Thacker's friends)

Still in Need of Prayers: John & Doris Adamson, Andy & Pat Allan, Richard & Eleanor Armstrong, Tom & Dee Ashe, Dorothy Baker & family, Bob & Ruth Bennett, Doug & Martha Benton, Irene Blake (Paul Fillion's sister), Goldie Boleyn (Bev Toppin's mother), Marge Bos (Dave Bos' mother), Kay Bottomley (Mike Vagnier's mother), Lyle Brewer, Dr. Brad & Arlaine Bryant & Julie Bryant-Holver, Martha Burkinshaw, Jim & Carolyn Burt, Sandy Campbell, Bruce Caszatt (Siersmas), Don & Arlene Catt, Karen Chan-

dlar, Rev. Bob & June Deits, Chuck Dickinson, Laura Dinges, Rev. Jim & Eve Dinkel, Adelyne Douglass, Janet Fillion (Paul & Joyce Fillion's daughter-in-law), Peter Fillion (Paul Fillion's brother), Dale & Inge Fitzpatrick, Sue & Dave Flitsch, Danna & Andy Gharavi, Ardeena Gillette, Patti Girardi, Bill Green, Arline Hacker, Michael & Debbie Hale, Gail Harshburg, Gaylord Hart & kids, Kathy & Paul Fabish, Kerby Harms (Roger & Shirley Coad's grandson), Wade & Cindy Hoff, Neil & Melva Houtcooper, Ginny & Joe Johnson, Gladys Kay (Jane Hayes' Mom), Mel & Mary Kilbo, Steve & Peggy Kinder, Thelma Lang (Pete 'n Kay Johnson's mother), Bob & Juana Mahlandt, Sue & Michael Malloy, Earl & Lorna Marifjeren, Bryan McGann (Jeanette Lunstead's son), Corine McGinley (Diane Kissner's sister), Larry & Pat McMann, Wilbur McMann, Linda & Mike Mestek, Dale Moffatt (Freda Moffatt's son), Judy Monk, Hedy Moore (Jed Moore's mother), Ron Morrisette, Mary Nelson, Ramona Orr (Kris Laux's mother), Don & Diane Parker, Shirley Plakos, Calvin Quinn, Brenda Rahaneotis, Lynn Revis, Eleanor Rhymes (Hu Rhymes' sister-in-law), Jim & Marcia Ritenour, Peter Ritsch, David & Judy Robertson, Brian Sanders (Brenda Rahaneotis' nephew), Virgil & Rose Scantlin, Sandy Schutt (Wendy Rhymes' sister), Kathy & Jim Serrine, Ari Shreffler, Rick & Sue Sutter, Elizabeth Sweet (Georgia Kirkpatrick's mother), Marilyn Thomas, Lillian Thomas (Bill & Mary Thomas' mother), Kenneth Tippie (Jerry & Peggy Tippie's son), Gordon & Patty Truckle, Marven & Wanda Tufte, Jim & Charlene Van Slooten & Floy Kilbourn-their daughter, Ray and Nancy Villeneuve, Jack & Nancy Virden, Rita & Michael Vitalich, Doug & Barbara Wilder (Joan Wilder-Siersma's parents), Delza Wilson (Jayne Urbach's mother), Pat Zirjacks and the families of the above.



“LAUGH A LITTLE” with Hu

*YOU DON'T STOP LAUGHING BECAUSE YOU GROW OLD,
YOU GROW OLD BECAUSE YOU STOP LAUGHING.*

SURROUNDED

A young pastor was upset when his wife confessed to buying a very expensive new dress. He waved the receipt for the \$250 dress she had bought in the air and asked, “How could you do this?”

“I was outside the store looking at the dress in the window, and then I found myself trying it on. It was like Satan was whispering in my ear, ‘You’ll look fabulous in that dress, buy it!’”

The pastor replied, “You know how I deal with that kind of temptation. I say, GET BEHIND ME, SATAN!”

“I did,” replied his wife, “but then Satan said, It looks fabulous from back here too!”

IT’S A SIN TO TELL A LIE

Two blondes found a bag of three hand grenades. After much discussion, they decided that they had better take them to the police station.

“What if one of them explodes before we get there?” asked the first one.

“Don’t worry about it,” said the other one.

“We’ll just lie and tell them we only found two!”



Grief Support meetings are on call as needed. Please email Laurie Christy for information at Lchristy20@yahoo.com

United Methodist Women of Gold Canyon
UMW will have a Unit Meeting Saturday, November 12
9:45 a.m. Room 101/102 in the Education Building
We hope you will join us!

Thank You!

Ladies, those of you who attended the Women’s Retreat in April will remember our **Wonder Full World** Africa project. We cut out patterns and ribbon for colorful cosmetic bags, and while doing so asked ourselves the question “I wonder if I can make a difference?” We tried to imagine the African culture and what it would be like to be a woman living in Africa. Big thanks go out to Melva Houtcooper and Alyce Ancell who then took the bags home and sewed them together. One hundred twelve bags were returned to me. I pressed them, and mailed them to my son-in law who purchased some small items from The Dollar Store to put in the bags and took them with him to Africa this summer. In a text message received from him just a few weeks ago, he said he had passed the bags out at a pastors meeting in Africa, and the women were so excited they were screaming. Those little cosmetic bags didn’t seem like much to us, but they mean a lot to them. Thank you for making a difference in the lives of God’s people!

Diana Linton



International Missions

"The world is my parish." – John Wesley

"...We will strive to be a church that serves our community and the world, realizing and sharing the satisfying and abundant life Christ brings to all people."

This month, we are pleased to share news from the Fellow Man International mission in Honduras. Below are excerpts taken from Lisa Armstrong's latest newsletter:

"It's an exciting time in the life of FMI agriculture project. Earlier this year, arrangements were made with the Alfonso Villela family to rent their entire ranch located just outside of Pinalejo. The ranch, called "The Jewel" is more than 80 acres of arable land. It also has pastures, a river as well as facilities for cattle.

"Preparing the soils at the ranch was a tedious process involving hundreds of hours of labor. Many of the fields were overgrown with weeds, forbs and even some small trees. For several weeks, there were more than twenty field workers laboring away under the hot tropical sun. Every weed, rock and stump was removed to make way for the tilling. By the time the tractor began to till the field, more than thirty acres had been cleared for cultivation.

"We decided to use Roundup Ready Pioneer Hybrid corn purchased from a DuPont distributor in San Pedro Sula. Our goal was to plant more than 13 hectares of land. Along with the hybrid corn, we were able to purchase herbicides, pesticides, fertilizer and foliates. The agronomist who worked with us genuinely seemed interested in our success, especially when he learned part of the harvest would go to feed school children and the hungry.

"On planting day we used a two row planter and seeded the corn in with a pop-up fertilizer specially formulated for our type of tropical soil. It took several days to plant all of the land. The seeds were pre-treated with an insecticide that would protect them from insect damage in the event that it did not rain immediately as anticipated. Thankfully, it wasn't more than 48 hours when the first rains fell on our freshly planted fields.

"Within a week's time, the corn had germinated. It seemed as though to all of us who were watching the fields, that the corn was taller in the morning that it had been the night before. As the weeks passed, the corn grew taller and taller. Any day now we are expecting the corn to tassel. As the corn grows taller and basic grain prices in Honduras continue to rise, these fields represent a great deal of hope to the local people. These green fields also represent much hope for the Fellow Man project. Even if the yields are half of what this hybrid corn is known for, there should be a goodly amount of profit that can be used to help run the Fellow Man Clinic. How exhilarating it will be to tell all of our wonderful supporters that we too are helping to make the mission work. More to come as the fields mature and the project develops!"

The support we offer to Fellow Man International is through donations, marked specifically for this mission, or through the sales of Fair Trade Coffee and other products. Sales of Fair Trade Coffee, etc., will resume this month.

INTERNATIONAL MISSIONS CONTACTS:

Jackie Douglass: jackied.coaz@gmail.com

Nona Larson: enonal@msn.com

John Paddison: johnpaddison@yahoo.com

Jean Paddison: azjean@yahoo.com

Fay Quanstrom: fay.quanstrom@gmail.com

Wally Quanstrom: wally.quanstrom@gmail.com

Jill Stoefen Fisher: jstoefish@q.com

David Jacobs: djacobs19@cox.net

Current UMCOR

Emergencies

To donate to UMCOR on behalf of the following emergency, please write your check to GCUMC and write "UMCOR Advance ##### (fill in the appropriate number)" on the memo line. 100% of your donation will go to those affected by the emergency.

Horn of Africa Crisis
(Somalia)
UMCOR Advance
#982450

Japan Emergency
Earthquake & Tsunami
~UMCOR Advance
#3021317

Liberia Emergency ~
UMCOR Advance
#150300

Cote D'Ivoire Crisis ~
UMCOR Advance
#982450

U.S. Disaster Response ~
Spring Storms

UMCOR Advance
#3021326

For more ways to help, or
to donate online, go to:
<http://new.gb-gm-umc.org/umcor/>



Living Water Baptizes Six

Living Water United Methodist Fellowship, the new church start in Gilbert, which has been graciously supported by Gold Canyon since its inception in 2006, celebrated Sunday, September 11th, with six new baptismal candidates - one adult, two teenagers and three children. In great Living Water style everyone but the infant was baptized by immersion in the Kellers' pool. This was followed by a chili cook off and great fellowship.



Living Water's growth numerically has been slow; however, the transformation of lives and the answered prayers have been more than abundant! The running joke is: if you need a job, come to Living Water for prayer, and a job will open up for

you. We've had miraculous stories of reconciliations, anonymous angels coming to the rescue in a variety of ways, and God speaking through the Word into peoples' decision-making. Sharing of these stories has been a continual affirmation of God working among God's people.

You are always invited to visit. Living Water is located at 230 North Cole Road in Gilbert (85234), meeting in the Highland Park Elementary School. The worship service is at 10 am, with a potluck on the first Sunday of every month. The sacrament of communion is celebrated every Sunday. Please come and see what the Lord is doing at Living Water!

Living Water Fall Fundraising Event

Living Water is holding a Fall Rummage Sale and Raffle on Saturday, October 29th from 8 am – 3 pm. In addition there will be a bake sale and some activities for the children while you are shopping! It will be held at the Gilbert Classic Academy on the corner of Lindsey and Elliot. Please stop by and see what all the fun is about!

Thinking Theologically

By Jody Topping, Pastoral Intern

Earlier this year, I was asked to lead the youth study at the United Methodist Women's School of Missions in Mesa. The study itself was on forgiveness, and by the end of our four days together, the five young women who joined me in this study were so moved by the content that each of them made a personal commitment to either forgive someone who had wronged them or to ask for forgiveness from someone they had wronged. Their testimonies were beautiful examples of the power of forgiveness.

During the study, we learned about the incredible act of forgiveness that a Pennsylvania Amish community offered to the family of the man who murdered five Amish children in October 2006. Within hours of the shooting, members of the Amish community visited the man's wife and father offering forgiveness. Their actions were an inspiration to all.

This story, along with several others, were included in a movie called "The Power of Forgiveness" that we watched during our study. In the film, Buddhist monk Thich Nhat Hanh was interviewed about forgiveness and the Buddhist perspectives of compassion, kindness, empathy, and meditation. "People are not the enemy," Thich Nhat Hanh says in the movie. "Anger is the enemy. Through meditation and self-reflection, you look deeply inside to understand that the other is the victim of violence, injustice and hate. When you begin to understand, compassion is born in your heart and the anger is no longer there. Now it is possible to forgive and not before."

In Matthew 18: 21-23 we read about Jesus' take on forgiveness. You'll recall his apostle Peter came to Jesus asking him how many times he had to forgive. Is seven times enough? No, Jesus says. "I tell you, not seven times, but seventy-seven times." (NIV) I can almost see the look on Peter's face. Seventy-seven times? Wow...I've got a lot of forgiving ahead of me!

Our Christian understanding of forgiveness is very similar to that of Buddhists - and Jews, and Hindu's, and Muslims. There are many Christian values that are mirrored in the values of other faith traditions, which is part of what we will be learning in my upcoming class on World Religions. Those attending will spend up to 6 weeks exploring Judaism, Hinduism, Islam, and Buddhism along with Christianity, learning about the similarities and differences between our faiths, and developing a better understanding of how we can value their traditions along with our own. I hope you will join me as we explore these different faith traditions together in my class called Survey of World Religions.



Sister Seminararians

HEATHER RODENBORG

Hello Church family and friends,

Well it has been a busy semester already. I am really enjoying all my classes, especially my preaching class. The professor that I have for my preaching class is Dr. Holbert, who was also Fred's professor. It was a nice surprise to find that out when I got to class. Dr. Holbert is a great professor and we always joke that he has the voice of God. I know that I am going to learn a lot from him this semester.

The other class that I am enjoying is my systematics class. This is a yearlong class that deals with the doctrine of God, Christ, the Trinity, and other doctrine issues. At the end of next semester we will write our credo. Our credo is basically what we believe about God, Christ, the Trinity, etc. This last week we started reading about the Trinity. I felt pretty comfortable with the Trinity; however, after this week I have no clue! Thankfully, I am not the only one who is lost.

On another note, I have cast a vision and am in the process of developing a plan for a non-profit. As some of you know, I have a passion for working with the homeless, even more when it comes to homeless youth. In the town of the church where I am working, we have a lot of homeless youth. My goal is to develop a program that can be implemented by churches in areas that have homeless youth. The program will allow the youth to come to the church and receive a hot meal, help with school work, access to school supplies and clothes, and help with applying for college. The only way that we can end the cycle of poverty is through education. This program would give the youth hope for a future where they are not living on the streets. It's a big project; however, God has put it on my heart and I know that God can make big things happen. So, if you wouldn't mind praying for this adventure, I would appreciate it.

Until next month, may the peace and love of Christ fill you all.



SUZANNE CHERRY

It's hard to believe, but I am down to just two more semesters before I graduate! This semester, I'm focusing on pastoral care and spiritual direction, two areas that deal with how we grow spiritually as individuals and as a community. One practical application class that I am taking, however, is called "Worship and the Arts." In this class, we talk about how music, art and architecture enhance or hinder worship within a church. Hopefully, I will be able to use some of the information from this class to help brainstorm ideas with my internship pastor, Rosemary Anderson, for the benefit of Primera Iglesia. Certainly, worship is a combination of all of these elements, as well as the love that we have for Christ and one other. Spiritual formation happens when we learn about God and how God interacts with the world; spiritual direction occurs when we join with at least one other person to explore how God's interaction with us has affected our lives, how we respond to God in our lives and what we are called to do with that in order to bring God's vision of the world into being. All of these things are encompassed in pastoral care. To provide pastoral care for someone is to provide listening ears, understanding shoulders, strong hands and an empathetic heart for those who are in crisis or in need of God's love for any reason.



I believe that pastoral care is what you, as a church community, as well as the many individuals who did specific wonderful things, provided for me and for my family when I got married last month. What I thought would be a simple ceremony with a few church members, friends and family became a fairy-tale wedding because of all of you. This means more to me than anyone can possibly know. Though this was not my first marriage, it is the only one I have had that was so meaningful. For one day, I felt like a princess. At my age, that's truly saying something. Thank you all so very much for sharing your love with me. Bill and I both thank you from the bottom of our hearts.

Continued on next page —>

Sister Seminararians (continued)



JODY TOPPING

Fall is definitely in the air, which means school is back in session!! My Fall Quarter at Iliff School of Theology started on September 12 with reading and writing assignments due on the 13th...definitely no rest for we students!

This quarter I'm only taking one class called "Congregations" along with my Internship Seminar, so hopefully, at least from an academic perspective, this will be a relatively light quarter - wishful thinking!!

The Congregations class is proving to be quite interesting. So far we've learned about the various "personalities" that congregations develop over the years and how those "personalities" impact the lives of those who are members and visitors. One of the requirements will be a research project on a particular congregation, which is yet to be determined. From what I've heard, students who have taken this class have learned a lot about what makes congregations "tick." I can't wait to apply what I learn in my first appointment.

For my internship seminar, five of us who are students at Iliff and completing our Pastoral Internships "meet" online on a weekly basis, sharing our experiences, our concerns, our questions, and our insights. We've got a nice blend of individuals in my group, and I know I'll learn a lot from them as well as from my experiences as Pastoral Intern here at GCUMC.

And finally, in addition to these classes, I'm also working on my application to the Desert Southwest Conference Board of Ordained Ministry to become a Commissioned Minister. Many of the forms are due November 1, but the really big deadline is December 1, when all of my papers, sermons, and lesson plan requirements are due. This in itself is a fulltime job, so if I look a little dazed on Sunday mornings, you'll know it's because I've been up late on Saturday nights writing...and writing...and writing! Assuming all goes well, I will meet with the Board of Ordained Ministry in the Spring.

As you can see, this is going to be a busy few months! I thank you all for your support and your prayers, especially as I come to the end of my time as a seminarian and begin focusing on becoming a fulltime pastor with the United Methodist Church.

W.O.W. Corner



The third annual Fall ween event will take place on October 30th from 3:30–7:00 pm throughout the church campus. The activities and events from last year will be repeated with some fun and festive additions. There will be a stage with continuous performances and games for all ages; costume judging at 4:00 pm and the Houser Gang leading the service at 5:00 pm. Come with an appetite and stay



for great food after the service served by the youth of the church. And how about s'mores prepared over an open fire to satisfy your sweet tooth? So, please mark your calendars for this date and come join in the fun. Please contact Ron Walker if you'd like to help or have any questions.



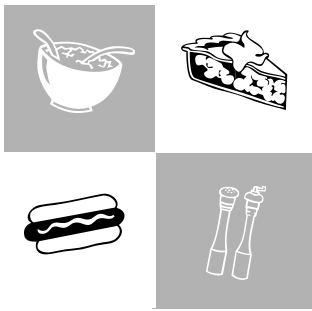
We are also planning for the Christmas season. The W.O.W. Team will greet you at services on Christmas Eve in Dickens period costume, there will be a live nativity and other attractions to help us all remember the *real* meaning of Christmas. Although W.O.W. and the youth will join forces for this event, we will still need your help with these activities as well as for golf cart assistance in the parking lot.

As always, we need volunteers to help us carry out your ideas. Individual participation in these activities is both fun and rewarding. Come join us and have a lot of fun!

STITCHES UNLIMITED...

...will meet on the 2nd and 4th Wednesday of each month at 9am beginning October 12 in Room 101/102. Contact Melva Houtcooper for more information

All Projects for St. Andrew's Clinic must be brought to the church by Wednesday, October 5.



Jane Hayes, Volunteer Coordinator

GCUMC

982-3776

Volunteers Do Make a Difference



October Inspirational Values

Motivation

When October arrives, I look forward to cooler weather, gardening, Christmas Mission Planning, and Returning Church Family.

Of course, I need to motivate myself to clean those dusty patios, garage, and windows.

Then, there is the garden preparation with additives to the soil, seeds, plantings, and general time gardening.

Planning for the Christmas Mission involves making contacts with Sidewalk Ministries, AJUSD Project, and Hope Women's Center. Extra time will also be needed to have meetings with other churches, AJPD, and Social Service Groups to make our commitments for the Christmas Season.

Extra services, classes, events, and concerts fill our GCUMC calendar for Fall, Winter, and Spring.

Opportunity

Our need is great for volunteers in the upcoming months! Please leave a message in the office or a note in the offering if you are willing to assist with the many tasks.

Office Receptionists will be a definite need in October. A couple of our regular volunteers will not be able to continue. This job requires you to answer the phone, take messages, open mail, and greet both members and the public who come to the office for help.



I will be most happy to train you for this position. Most of our receptionists have previously worked in an office and sign up for a weekly time Monday thru Friday 8am to 12pm or 12pm to 4pm. We also are in need of substitutes. Call or leave a note for me.

Book Nook

Have you filled your bucket today? This book encourages positive behavior as children see how rewarding it is to express daily kindness, appreciation, and love.

The Happiness Project was a #1 New York Times bestseller. This book is the memoir of the year author Gretchen Rubin spent about how to be a happier person.



Do you have the time? No, I don't mean your watch! Please look over this list of volunteer needs. If you can assist with one or more of the following, **complete and place this form in the collection plate, at the information table, or church office.**

<i>Time</i>	<i>Job</i>
30 + min.	<i>Hospitality</i>
75 min.	<i>Shut-in Meals</i>
40 min.	<i>Greeter</i>
60 min.	<i>Bake cookies</i>
240 min.	<i>Office Receptionist</i>

Name _____

Phone _____

Phone _____

October Birthdays

1	Royce Brownfield	10	John Ewing	20	William Thomas
2	Christopher Cascaden	10	Nellie DuPoy	20	Ted Ofstedahl
2	Linda Webber	10	Peter Johnson	21	Joyce Fillion
3	Glenn Hulcher	11	Lizzi Steenbock	21	Juanita Elms
3	Judy Walters	11	Rinda Roberson	21	Michael Adams
3	Les Whiteaker	12	Angie Wolfskill	21	Dick Dauenhauer
3	Thomas Pease	12	Craig Larson	22	Ariella Brown
3	Sallie Buzzard	12	Marilyn Cogswell	22	Carl Charette
3	Joanne Enerson	12	Tracy Callahan	22	Dave Flitsch
3	Penny Potter	13	Craig Saathoff	22	Sue Flitsch
4	Heidi Jacobson	13	Donna Graves	23	Barbara Eckhardt
5	Jack Becker	13	Fred Miller	23	Eleanor Neumann
5	Jaclyn Douglass	13	Gene Miller	23	Sean Sheridan
5	Jason Crosswhite	13	Linda Borders	24	Paul Ryan
6	Al Rasmussen	13	Lisa Cascaden	24	Rush Tucker
6	Caleb Schow	13	Lloyd Hetherington	25	Carol Korver
6	Elizabeth Cowles	13	Rebecca Beason	25	Jeromy Mogharbel
6	Helena VanEngelhoven	13	Timmy Keenan	25	Kateland Williams
6	Joan Gibbs	13	Warren Sifferath	25	Dick VanNoy
6	Joanne Rogers	14	Rosalie Eubanks	25	Bill Myers
7	Carol Wion	14	Thomas Jonovich	26	George Hutnak
7	Charles Finley	14	Tyler Wolfskill	27	Janet Daniels
7	Pam Lux	14	Roger Schiager	27	Maxine Kitson
8	Adelyne Douglass	15	Joan Pautvein	27	RoseMarie Tallman
8	Betty Lou Hunter	16	Karen Carnahan	27	Jane Campbell
8	Jack Elms	17	Doug Korver	28	Erik Olson
9	Bonnie Becker	17	Norma McKim	28	Erin Brinkman
9	Don Webber	18	Bob Carnahan	28	Jack Viviani
9	Kay Batt	18	Lester Norton	29	Doris McKinney
9	Lillian Calihan	19	Bobbi Aasheim	30	Doran Hays
9	Kevin Druding	19	Judith Oaks	31	Diane Sauerbrunn
9	Connie Behan	20	Cheryl Liles	31	Linda Newkirk
10	Allison O'Brien	20	Debbie Rowland	31	Norman Eriksen
10	Jenelu Burgi	20	Paul Butler		

October Anniversaries

2	Daniel & Coleen Hoerter	11	Phil & Debbie Rowland	24	Clarence & Shirley Hodges
3	David & Joanne Enerson	12	Donald & Ruth Dewinter	24	Bill & Alice Myers
3	Jerry & Addie Muratore	13	Thomas & Victoria Mullins	25	Bill & Marlene Edwards
5	Calder & Lavoyce Nolan	13	Warren & Sharee Sifferath	26	Bob & Beverly Hart
5	James & Sarah Swails	15	Jim & Carolyn Burt	27	Jerry & Jenna Hunt
6	Robert & Ruth Bennett	15	Roy & Donna Fuerherm	28	Francisco & Angela DeLeon
6	Randy Mary Seabright	16	Richard & Jo Ann Ervin	29	John & Jaci Allensworth
8	Lowell & Shirley Matthews	18	Ted & Sherrie Ofstedahl	29	LeRoy & Renee Storley
10	Douglas & Georgia Richardson	21	Mary Ann & Don Wing	29	Gordon & Patty Truckle

If your name isn't on this list (or you know of someone who should be), please call the church office with the information. We truly don't mean to leave anyone out.



Gold Canyon United Methodist Church
 6640 S Kings Ranch Road
 Gold Canyon, AZ 85118
 Phone: 480-982-3776
 Fax: 480-671-0028
 Office Email: churchoffice@goldcanyonumc.org
 www.goldcanyonumc.org

Non-Profit Organization
U.S. Postage
PAID
Apache Junction, Arizona
Permit No. 64

GCUMC Staff

Senior Pastor	Fred A. Steinberg
Minister of Pastoral Care	Hu Rhymes
Associate Pastor	Bob Deits
Pastoral Intern	Jody Topping
Director of Education	Katharine Keller
Director of Music Ministries	Douglas J. Benton
Associate Director of Music	David Ballard
Director of Youth Ministries	Wendy Moore
Pianists	Carol Ballard
	Linda Jones
	Marty Robison
	Nancy Virden
Office Manager	Suzanne Cherry/Jody Topping
Administrative Associate	Katherine Keller/
Volunteer Coordinator	Jane Hayes
Parish Nurse	Monica Ortega-Watters
Nursery Care Giver	Devona Brown
Facility Care Taker	Rick Ceynar

Addressee or Current Resident

[Empty dotted box for addressee or current resident information]

WORSHIP SCHEDULE

***8:00 AM—Traditional Worship**
***9:30 AM—Traditional Worship**
In the Sanctuary

***10:50 AM—PRAISE Service**
In the Koinonia Room
Music led by *Uncommon Grace*
**Childcare Provided*

5:00 PM—Country Western Service

SUNDAY SCHOOL SCHEDULE

Children’s Sunday School classes begin in the Worship Service with their families. Children are led to their classrooms after the Children’s Sermon.

- ✝ 8:00 AM ~ Adult Sunday School
Meets in Room 101/102
- ✝ 9:30 AM ~ Children’s Sunday School
Pick up in Room 101/102
- ✝ 9:30 AM ~ Youth Sunday School
- ✝ 9:30 AM ~ Adult Study
- ✝ 10:50 AM ~ Children’s Sunday School

Deadline for November Roadrunner—October 10
 Weekly Bulletin Insert Deadline: **Noon** on Wednesday
 Your GCUMC Publications are brought to you by:
 Georgia Kirkpatrick, Jody Topping & Suzanne Cherry
 with help from the Friday Bulletin Team and the Roadrunner Assembly Team