



# Gold Canyon United Methodist Church

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## From The Pastor: "From Kayak to Bathtub"

During our summer vacation we spent some time on ferries and kayaks. We crossed from United States to Vancouver Island on a ferry and kayaked off the shores of Sidney, British Columbia. One afternoon I led Beth and Tim on a kayak trip from Roberts Bay into Tsehum Harbour. On the return paddle my son Tim began to take some ocean swells over the side of his kayak. This wouldn't have been a problem except that his water skirt which was to keep water from filling the boat wasn't fitting tight so his kayak began to fill with water. The water made it hard to move or maneuver the kayak. His kayak transformed into a bathtub. And it is impossible to paddle a bathtub. This is why we travel together and give each other support. Beth and I brought our kayak close to his, and using a small bilge pump, helped Tim pump enough water from his kayak to lighten it and give him the ability to maneuver away from the rocky shore he was drifting towards.



This is also the task of the local church. When people are in crisis and afraid they might sink, church members come alongside and give assistance. We can't navigate through the sea of life alone. We will all face waves that will threaten to engulf us. And if we are left to paddle on our own we will drown in fear and anxiety. As a church we are called to be open and honest and share with one another our problems so that others might come to our aid. If we can't be honest and ask for help through the church then where else can we go for help? Christians don't have it all together but they do know where to find help.

May we all be aware of people who need our help in bailing out their problems and difficulties. See you on Sunday.

Grace and peace,

*Fred*

### Country Western Service Weekly Schedule Begins September 26

We will kick off the fall and winter season with the **Housers** and a real Methodist Potluck Dinner on Sunday, September 26th at 5:00 pm.

The Country Western Service will continue every week through the end of June, 2011.

Bring your friends and neighbors and come enjoy a unique and uplifting worship experience. Wearing western shirts and blouses is optional, but encouraged.

We look forward to greeting you with a big, "Howdy Partners!"

Rev. Bob Deits and David Ballard



**ONLINE GIVING AVAILABLE!**

You may now give online a one-time or recurring donation by going to our church website at [www.goldcanyonumc.org](http://www.goldcanyonumc.org) and select "Click to Give". You will then be guided through the steps to get set up. It's easy!



**Sacred Dancers Start Christmas Rehearsals**

Welcome all 10 year-olds and older to join rehearsals for Christmas. Rehearsals start Saturday, September 4th. Please call Cassea Mogharbel at 480-313-6465 for more information.



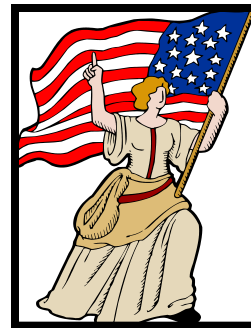
Please continue to recharge and use your Basha's Community Support Cards and Fry's Gift Cards while shopping at these grocery chains. It doesn't cost you anything extra to use them and it benefits the church bus fund. Stop by the Information Desk or go to the office during the week if you need a card.

**The Praise Service continues to have that up-beat tempo**

Come, get energized, and join the 10:50 am congregation as we sing praise to our Lord. New songs such as: "Your Hands" by JJ Heller, "Better Than a Hallelujah" by Amy Grant, and "Undignified" by Matt Redman have been added to *Uncommon Grace's* repertoire. Come, visit us, and take a listen to these and many other uplifting songs.

It is always a pleasure to have Colette Bos, Marc O'Brien, Tim Carpenter and JJ Hayes join *Uncommon Grace* as guest musicians. Come and listen to these talented musicians. You will leave feeling excited and renewed for your week!

*Remember with your prayers  
Patriot's Day September 11, 2010*



**IT IS TIME TO TELL BASHA'S THAT YOU WOULD LIKE OUR CHURCH NUMBER ATTACHED TO YOUR THANK YOU CARD. NEXT TIME YOU GO IN PLEASE GIVE THEM THIS NUMBER: 23886**

**DONATIONS AND ATTENDANCE**

*Let no debt remain outstanding except the continuing debt to love one another... Romans 13:8 (NIV)*

July	2008		2009		2010		2009	2010
	Gen.	Build.	Gen.	Build.	Gen.	Build.	Worship All	Worship All
1st	\$12006	\$8722	\$12975	\$4725	\$9452	\$4707	415	420
2nd	8505	4675	9827	5629	12674	6043	451	427
3rd	6135	3664	6370	4535	6884	2592	386	421
4th	6846	2374	7241	12972	12806	3266	471	515
5th	—	—	—	—	—	—	—	—
<b>Total</b>	<b>\$33492</b>	<b>\$19435</b>	<b>\$36413</b>	<b>\$27861</b>	<b>\$41816</b>	<b>\$16608</b>	<b>1723</b>	<b>1783</b>



## Christian Education...

With "Coach" Ellis Falk

*"Our mission is to bring the love of Christ and His teachings to learners of all ages on their spiritual journey, that they be transformed and thus positively affect our local and global communities."*

**Great "BIG" News** comes to you from the 10:50 am Sunday School Class. Joan and Andy Siersma are the new leaders of the class and "BIG" things are taking place. They are inviting all children to come join the class for upbeat contemporary children's Christian music as well as lesson plans involving activities and crafts that teach Christian values. Something New... Something BIG ...and Something exciting will be yours at the 10:50 am class. All children are welcome... Bring a friend... See you there.

## DISCIPLE

**The Disciple Study Program:** This ongoing spiritual enrichment program will be offered again this fall and throughout the year. It is not too early to start thinking about taking one of the offered classes. These classes are designed to increase your knowledge and understanding of the Bible through reading, study and discussion. The classes this year are: Disciple One: "Becoming Disciples through Bible Study"; Disciple Two: "Into the Word and Into the World"; Disciple Three: "Remember Who You Are"; Disciple Four: "Under the Tree of Life". The dates and times for the classes will be arranged through the facilitators and students registered in each class. Right now all classes are TBA. Sign-up sheets are available in the Narthex of both buildings.

**Adult Education Classes:** If you are interested in a specific class or area of study this year please let Thomas Feathers, Suzanne Jacobson or me know and every attempt will be made to accommodate your request. We are expecting a large variety of classes to be offered this year and hope that one or more will be a growth experience for you on your spiritual journey.

**Sunday School Teachers** are needed as full time or regular teachers and of course substitutes. We are also looking for child care persons who will help in the Sunday nursery and at other times throughout the year. If you are interested and can help in any way please get in touch with me at the church office. Thanks for your interest .

**The Book Mission:** This new mission, under the guidance of Chris Houser, has been a treasured spot for the children as they come to the Food Bank with their parents. The children now know where the books are kept and are eager to go to the spot and trade or get new books. If you have any children's books at your home we would be happy to have you

bring them to the church for this mission distribution project. This can be a very rewarding donation. In addition, should you have any easy reading books for adults, these can also be donated to the project. We are amazed by the number of adults who have great difficulty with reading skills. You may drop the books off at the church office or in the boxes provided in the narthex of each building.

**Sidewalk Ministries:** A new year of Sidewalk Ministries at Desert Chapel in Apache Junction is fast approaching. We are very thankful that Desert Chapel is sharing their campus with our church for this Sidewalk Ministry. We are anticipating the program will start Oct 16th and will be held every Saturday, 10:00 am until noon through the month of April, 2011. The children we minister to are from a variety of religious and economic backgrounds. Some have church backgrounds but many do not. This becomes a wonderful opportunity to tell the stories of the Bible and share the gospel with them. This past year Bibles were donated by the Adult Sunday School class at Gold Canyon and each family or children within the family were given a Bible. Each week the program needs 18-25 adult helpers to make this a stable and meaningful project. If you are interested in local mission work with children, this is your opportunity. We need helpers in all areas from bus drivers and truck drivers to food servers, craft persons and of course singers and story tellers. If you are interested in providing a cash donation or food for the lite meal on Saturday please contact Sandra Caldwell. The program leader is June Welker and she would be more than happy to spend time talking with you about this great ministry. Talk with June or Sandra at the Sidewalk Ministry table after the morning service on any Sunday.

**The "Torch" is passed:** This will be the last of my writings in the *Roadrunner*. I will be leaving this position at the end of this month and resume my retired life. These past two years and a few months have been a great blessing to me as I have attempted to work with children, youth and adults of the church and community. I deeply appreciate the wonderful, kind, and enthusiastic support from the many who have been special group and program leaders, story tellers, teachers, drivers, craft workers, cooks, servers and great listeners. I ask and pray that you will show the same kindness to the new director that you have given me. May God Bless each of you as you continue to support the many ministries of this church.





# Youth Ministries

With Wendy Moore

Sunday School 9:30 am in the Education Building  
Youth Fellowship 6:30 pm Sundays in the Education Building

## Welcome to our new format Youth page!

We're coming off a fantastic mission trip, finalist placement in the church youth volleyball tournament, and heading into a new school year. We'll close out the summer with a Labor Day pool party at the Moore's house. Watch the youth bulletin board in the Education Building for upcoming events and fun pictures of past activities. Beginning this month, we will be introducing our Youth Group members to the church. What a great bunch of kids they are!

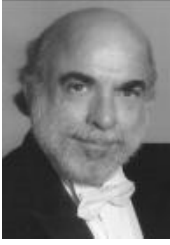


## GCUMC Youth Superstar of the month Skylar Saathoff

Skylar is 15 years old and a sophomore at Apache Junction High School. She has served in various capacities in our church, including giving a sermon, being a greeter and serving as liturgist. Skylar has been an active member of the GCUMC Youth Group for almost 4 years, and completed two mission trips, one to Artesia, NM and one to Mescalero, NM. She enjoys volleyball, softball, and gymnastics.

She is our Youth Superstar of the month. Yea Skylar!





## Music Notes



There is a music group in this church that doesn't get a whole lot of print in my articles, but deserves as many accolades as does any of the other incredible volunteer groups in our church, and that is *Uncommon Grace*, our excellent Praise Band. Lead by drummer and Associate Director of Music, *David Ballard*, the group includes *Carol Ballard, Dave Bos, John LaViolette, Jey Moore, Katee Sharp, Mike Wittig*, and Sound Tech (very important to this group), *Tim Carpenter*. Thank you all for your very generous gift of time, dedication and the sharing of your talents with our congregation. The Praise Service is at 10:50 am in the Koinonia Room on Sunday mornings. Check it out!

We welcome back the *Chancel Choir* to the traditional services this month for another year of great music! If you can read music, sing on pitch and would like to share your talents in the worship of our Lord, come join us on Thursdays at 6:50 pm in the Music Room. We have more fun than a "church group" probably should have!

This month we also begin rehearsals with almost all of the other groups. I would like to lift up the *Youth Handbell Team* for Junior High and Senior High youth. Most of last year's group has graduated and are off to college this year. So, any of you youth, come check it out! You don't have to read music ~ all you have to do is be able to count to 4, pat your head while rubbing your stomach and chewing gum! *Just kidding!!!* Come have some fun and see what handbells are all about! You've seen your peers do it, now it's your turn. Rehearsals begin on Tue., Sept. 14th, 6:30-7:30 pm in the Music Room.

All the other groups are listed in the *Music Schedule Fall 2010* below. Be active in music. It is one of the greatest things you can do for yourself and/or your kids, and it's a great thing to share your talents in ministry to our people. Plus, it's just plain fun!!!

Well, on another note, I lied. Not intentionally, of course. Last month I said I would publish the full *Performing Arts Series* calendar this month. I am waiting for a response from a couple of people before I can finish it. I expect to be able to publish it in October's *Roadrunner*. Once you see it, I think you will agree that this will be an outstanding season of great programs for our church, friends, and community.

There are a couple of dates you should be aware of:

Saturday, Dec. 11th at 3:00 and 6:30 pm is our annual Christmas Concert.

Sunday, Feb. 13th at 3:00 pm, Isabelle Demers, organ virtuoso.

Friday, Mar. 4th at 7:30 pm, our annual Spring Concert featuring Faure's gorgeous *Requiem*.

Next month I will have a complete listing of all the concerts being held at our church

Blessings to all,

*Doug*

Douglas J. Benton  
Director of Music Ministries

### *Music Schedule Fall 2010*

Angel Choir	Gr. 4-8	5:30-6:30 pm	Wed	Koinonia Room, beginning Sept. 15th
Chancel Choir	Sr Hi/Adult	6:50-8:30 pm	Thu	Music Room, beginning Sept. 2nd
Chancel Ringers	Adult	7:00-8:30 pm	Wed	Sanctuary, Beginning Sept. 15th
Houser Gang	Adult	5:30-7:00 pm	Tue	before last Sunday of the month, Koinonia Room
One in the Spirit	Adult	6:00-7:30 pm	Tue	(except Houser Gang Tue) K. Rm., begin Oct. 5th
Uncommon Grace	(closed)	8:30-10:30 am	Sun	Koinonia Room (see David Ballard)
Youth Handbell Team	Jr/Sr High	6:30-8:00 pm	Tue	Music Room, begin Sept. 14th

*If you have any questions, please call Doug Benton*

## WITHIN THE CHURCH FAMILY



*By Hu & Wendy Rhymes, with a little help from Hattie, Muffin (& Sadie, too)*

**ATTENTION:** If you want to contact the Rhymes and you don't have our CELL number or NEW E-MAIL ADDRESS, please contact the church office. CALL US, please, with immediate needs, as we don't check our e-mail every day.

### FROM THE SADIE RHYMES MEMORIAL CORNER

A big thank you to all the volunteers who have worked in the food bank and given many hours to helping folks, dogs and cats with food. Of course there wouldn't be a Food Bank without all of you and the community who donate so much. Thank you to Jeff Downing, Dan Gray and Rush Tucker who head up this project.



Welcome back Jeff and Rush. Dan did a great job of "manning the ship" while you two were away with the help of other volunteers. One day this past week we happened to be bringing in some pet food and had the privilege of giving some pet food to a couple with a big dog. Thanks again to those of you who have donated to the Sadie fund so that many pets can eat. Bless you greatly.

Love, Hu, Wendy, Hattie, Muffin and Sadie too!!!

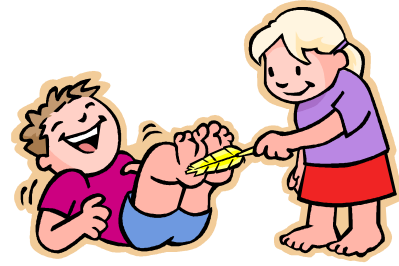
**Sympathies:** John & Myra Berry and the family of Myra's sister, Marlene Partain, upon the death of Marlene's husband, Rick; Joyce Curtis, upon the death of her brother, Ralph Woodard; Mitzie Dew, upon the death of her husband, Bishop William Dew (our former Bishop); Harlan Madsen, upon the death of his brother; JoAnn Ochs, upon the death of her father, Richard Fercho; Keith Petticrew & Eileen Petticrew, upon the death of Keith's father & Eileen's husband, George; The family of Mary Lou Johnson, upon her death; Patty & Gordon Truckle, upon the death of their brother-in-law in England; Jack Viviani, upon the death of his nephew, Michael Fuller; Carol Warkenthien, upon the death of her husband, Delwyn and the families & friends of the above.

**Concerns and/or Continued Prayers:** Eleanor Avenarius (Joan Pautvein's sister-in-law), Barbara Barnhill, Will Benoit, Debra Boillot, Mary Bradford, Jim & Carolyn Burt's daughter, Lori, Bobby Cassella, Gloria Charette, Carol Conklin (Jeanette Lunstead's friend), Diane Curnutte (Bobbie VanderRoest's cousin), Ed Daniels, Janna DePoy, Jack DeWerff, Jim Domigan, Joe Eubanks, Dewey Fisher, Dale Fitzpatrick, Barb Freiborg, Pat Garrett (Donna Garrett's brother-in-law), Jim Haggatt (Jim & Carolyn Burt's son-in-law), Geri Kass, Glada Kelley (Lorraine Phil-

lips' sister), Pat Lackey, Pat Latrip, Rita Lincoln, LeDugo family, Reverend Rebecca Oakes Long, Harlan (Gus) Madsen, Marlene McNutt (Debbie Primeau's mother), Anna Mae Meyer, Ione Nelson, Charlottle Noble, Maxine Norris (Darrell Keast's mother-in-law), Kinley Olsen, Lorrie Ownsby, Bob Parke, Rev. John Phillips, Raquel Pino (Sandy & Rose Pino's mother), Scott Rehak, Paul Rhymes (Hu Rhymes' brother), Judy Robertson, Otto Rozny (Rosemary Schulz's brother), Doug Schillo, Aubrey Sharp (Ione Grill's brother), Chuck Slafter, Don Smith, Glen Smith, David Snyder, Gene Thomas, Doug & Sandy Tucker, Emmagene Turner, Michael Vitalich, Tyler Williams, Michael Woodley and PRAYERS for the families (CAREGIVERS) of the above. PRAYERS for requests in the "CONFIDENTIAL PRAYER" boxes & UNSPOKEN REQUESTS. Also, those FOOD BANK CLIENTS who have requested prayer. PRAYERS for our MILITARY personnel and their families & those who are in NEED OF EMPLOYMENT.

**Still in Need of Prayers:** Charlie & Joan Acker, Charles Adams (Betty), Florence Allen, Dick & Eleanor Armstrong, Tom & Dee Ashe, Patti Baker, Bob & Ruth Bennett, Robert & Ina Benz, Vince & Linda Bock, Marvin Boles, Alex Bondarook, Kay Bottomley (Mike Vagnier's mother), Jill & Lyle Brewer, Dr. Brad & Arlaine Bryant, Jenny & Bob Burgi, Terry & Ruth Burris, Jim & Carolyn

Burt, Bob Carpenter, Bob Carter & family, Eleanor Chesney, Bill & Joyce Curtis, Kitty Davis, Rev. Bob & June Deits, Chuck Dickinson, Darrell & Laura Dinges, Marietta Doan, Rhonda Dropik (Jim & Marcia Ritenour's daughter), Joyce & Paul Fillion, Elaine Finck, Ted & Joy Fite, Jerri French, Danna & Andy Gharavi, Ardeena Gillette, Bill & Louise Green, Ross & Arline Hacker, Viola Hammond (Don Hammond's Mom), Rich & Sheila Haraldson, Rita Hawkins, Beth Hayes (Jeff Hayes' mother), Ro & Dick Heinauer (Diane Heinauer's parents-in-law), Judy Hjartarson, Wade & Cindy Hoff, Neil & Melva Houtcooper, Ginny & Joe Johnson, Ben Hodges (in Afghanistan), Noel Jones (Linda & Morgan Jones' grandson), Gladys Kay (Jane Hayes' Mom), Mel & Mary Kilbo, Steve & Peggy Kinder, Paul & Polly Knowlton, Roxie & Gene Kruschek, Jane Lambert, Cheryl Lang, Thelma Lang (Pete 'n Kay Johnson's mother), Carol & Bill Lindemann, Bob & Juana Mahlandt, Shirley Matzke, Bryan McCann (Jeanette Lunstead's son), Larry & Pat McMann, Wilbur McMann, David Christopher Mitchell (Afghanistan), Hedy Moore (Jed Moore's Mom), Jerry & Addie Muratore, Chris Nuss (John & Kathy Nuss's son in AZ), Monica Nuss (John & Kathy Nuss' daughter-in-law in TX), Amy & Eric Olson, Dr. Brett Purcell (in Iraq), Eileen Petticrew (Keith Petticrew's mother), Pete & Shirley Plakos, Lois Poteet (Barb Oldham's sister), Betty Preston, Calvin Quinn, Lynn Revis, Marvin Richter, Virgil & Rose Scantlin, Thomas Self (Marilyn Pearson's brother-in-law), Rick & Sue Sutter, Bobbie Talbot, Helen Thacker, (Jerry Thacker's mother), Ken & Lorraine Tippie (Jerry & Peggy Tippie's son & daughter-in-law), Lillian Thomas (Bill & Mary Thomas' mother), Gordon & Patty Truckle, Marvin & Wanda Tufte, Jim & Charlene Van Slooten & Floy Kilbourn-their daughter, Ray and Nancy Villeneuve, Rita & Michael Vitalich, Les & Mary Gay Wenger (Diane Heinauer's parents), Dorothy Wolter, Dot Zelezic, Helen Zimmerman & son, Dane and the families of the above.



### “LAUGH A LITTLE” with Hu

YOU DON'T STOP LAUGHING BECAUSE  
YOU GROW OLD  
YOU GROW OLD BECAUSE YOU STOP  
LAUGHING

#### TIME FOR PRAYER?

A distraught senior citizen phoned her doctor's office. “Is it true,” she wanted to know, “that the medication you prescribed has to be taken for the rest of my life?”

“Yes, I'm afraid so,” the doctor told her. There was a moment of silence before the senior lady replied, “I'm wondering, then, just how serious is my condition because this prescription is marked NO REFILLS.”

#### MAJORS AND MINORS

A preacher spoke for 20 minutes on Isaiah, 20 minutes on Ezekiel, 20 minutes on Jeremiah, and 20 minutes on Daniel. Then he announced, “We have covered the major prophets, now we come to the minor prophets. What place will I give to Hosea?”

A man on the back row shouted out, “He can have my place, I'm going home!”

#### DESIGNATED GIFTS FROM MEMORIAL/FUNERAL SERVICES

George Petticrew

GCUMC Food Bank



In memory of Bishop Bill Dew, Mitzie Dew has established The Bill Dew Table Fund to support the multiplication of new United Methodist faith communities based on the model of The Table. The Great Commandment and the Great Commission were at the heart of Bishop Dew's life and ministry. The Bill Dew Table Fund will nurture and support the growth of new Wesleyan churches. If you would like to make an individual or church memorial gift for The Bill Dew Table Fund, please send a check payable to the Desert Southwest Conference (memo: Bill Dew Table Fund) and mail it to the Treasurer's Office, Desert Southwest Conference, 1550 E Meadowbrook Ave, Phoenix, AZ 85014. We will then forward one check to The Bill Dew Table Fund to Central UMC in Sacramento for all memorial gifts received in the Conference office.

For questions contact Randy Bowman at 602-266-6956 or email Randy@desertsw.org.

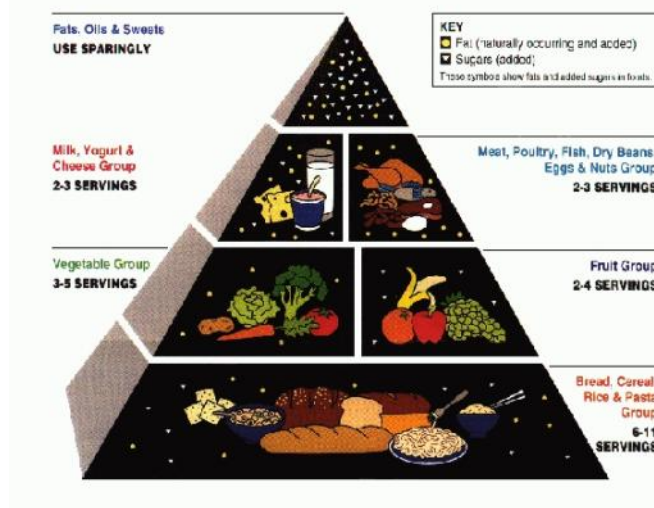
# Healthy Living

By Monica Ortega-Watters, RN, BSN

## HEALTHY EATING HABITS

Experts agree the key to healthy eating is the time-tested advice of balance, variety and moderation. In short, that means eating a wide variety of foods without getting too many calories or too much of any one nutrient. These 10 tips can help you follow that advice while still enjoying the foods you eat.

1. *Eat a variety of nutrient-rich foods.* You need more than 40 different nutrients for good health, and no single food supplies them all. Your daily food selection should include bread and other whole-grain products; fruits; vegetables; dairy products; and meat, poultry, fish or other protein foods.
2. *Enjoy plenty of whole grains, fruits and vegetables.* Surveys show most Americans don't eat enough of these foods. Do you eat 6-11 servings from the bread, rice, cereal and pasta group, 3 of which should be whole grains? Do you eat 2-4 servings of fruit and 3-5 servings of vegetables?
3. *Maintain a healthy weight.* The weight that's right for you depends on many factors including your sex, height, age and heredity. Excess body fat increases your chances for high blood pressure, heart disease, stroke, diabetes, some types of cancer and other illnesses. Regular exercise is also important to maintaining a healthy weight.
4. *Eat moderate portions.* If you keep portion sizes reasonable, it's easier to eat the foods you want and stay healthy. Did you know the recommended serving of cooked meat is 3 ounces, similar in size to a deck of playing cards? A medium piece of fruit is 1 serving and a cup of pasta equals 2 servings. A pint of ice cream contains 4 servings.
5. *Eat regular meals.* Skipping meals can lead to out-of-control hunger, often resulting in overeating. When you're very hungry, it's also tempting to forget about good nutrition. Snacking between meals can help curb hunger, but don't eat so much that your snack becomes an entire meal.
6. *Reduce, don't eliminate certain foods.* Most people eat for pleasure as well as nutrition. If your favorite foods are high in fat, salt or sugar, the key is moderating how much of these foods you eat and how often you eat them.
7. *Balance your food choices over time.* When eating a food high in fat, salt or sugar, select other foods that are low in these ingredients. Your food choices over several days should fit together into a healthy pattern.
8. *Know your diet pitfalls.* To improve your eating habits, you first have to know what's wrong with them. Write down everything you eat for three days. Then check your list according to the rest of these tips. Do you add a lot of butter, creamy sauces or salad dressings? Rather than eliminating these foods, just cut back your portions. Are you getting enough fruits and vegetables? If not, you may be missing out on vital nutrients.
9. *Make changes gradually.* Just as there are no "superfoods" or easy answers to a healthy diet, don't expect to totally revamp your eating habits overnight. Changing too much, too fast can get in the way of success. For instance, if you don't like the taste of skim milk, try low-fat. Eventually you may find you like skim, too.
10. *Remember, foods are not good or bad.* Select foods based on your total eating patterns, not whether any individual food is "good" or "bad." Don't feel guilty if you love foods such as apple pie, potato chips, candy bars or ice cream. Eat them in moderation, and choose other foods to provide the balance and variety that are vital to good health.



Blessings,  
Monica



## International Missions

*"The world is my parish." – John Wesley*

### UMCOR Reaches Out to Partners in Pakistan

*By Linda Unger*

August 3, 2010—The United Methodist Committee on Relief (UMCOR) is reaching out to its network of partners in Pakistan to respond to the most severe flooding ever to affect that country.

For more than a week, heavier than usual monsoon rains have drenched the country and provoked flash floods that have taken the lives of at least 1,200 Pakistanis. The rains, which are expected to continue this week, have chased millions from their homes and left thousands stranded and awaiting rescue.

"We are praying for the people who have lost loved ones, are left without homes and livelihoods, and for those who are trapped and waiting for food and clean water," said the Rev. Cynthia Fierro Harvey, UMCOR's top executive. "UMCOR is committed to addressing their needs and especially reaching out to those who are most vulnerable."

Government buildings, businesses, thousands of acres of crops, and nearly 30,000 homes so far have been completely destroyed by the floods that followed on the heels of extremely heavy monsoon rains in the provinces of Khyber Pakhtunkhwa, Balochistan, Punjab, AJK, and Sindh.

Floodwaters washed away roads and destroyed bridges, made communication and rescue difficult, and provoked fears that their destructive reach may be extended through waterborne illnesses like cholera.

All of the major cities of Khyber Pukhtunkhwa province have become inaccessible by land, as bridges and roads have been washed away by floodwaters, wrote Ashar Dean, a relief and development executive with the Church of Pakistan, an UMCOR partner. "Many people have lost their lives; livestock have been taken away by the gushing water," he reported.

The Church of Pakistan, a united Protestant denomination created by the 1970 merger of United Methodist, Anglican, Scottish Presbyterian, and Norwegian Lutheran denominations, is providing shelter for families affected by the flooding in Nowshera and Risalpur.

"The strength of our partnerships allows assessments to be made and aid to begin without waiting for UMCOR personnel to arrive at a crisis location," said Thomas Kemper, general secretary of the General Board of Global Ministries (GBGM), of which UMCOR is a part.

"To the degree that we support our partners and their efforts in the midst of natural or human-made disasters, we help them to strengthen their own civil society and its ability to cope with disaster," he added.

Just days before the monsoons crashed into Pakistan, Kemper met with Bishop Samuel Azariah of the Church of Pakistan at GBGM's New York City headquarters. The aim of the meeting was to underscore the relationship of solidarity between both entities.

"The situation of the people of Pakistan is so close to me now because of that encounter," Kemper said.

UMCOR is also ready to support efforts by Church World Service and Muslim Aid, partner organizations that also are on the ground in Pakistan and already responding to the crisis.

About 96 percent of Pakistan's population embraces Islam, and only about 3 percent embraces Christianity. "We want to bring relief and compassion to everyone, whatever their faith or religious beliefs," Kemper said.

UMCOR is preparing an initial grant aimed at assisting relief efforts by its partners in Pakistan. Your gift to **International Disaster Relief, UMCOR Advance #982450**, supports those efforts. Please be sure to note Pakistan Emergency in the subject line.

(Article reprinted from [www.umcor.org](http://www.umcor.org))




\*\*\*The International Missions Team will begin selling fair trade coffee between worship services later this month. Look for members of the team between the sanctuary and education building.

*"...We will strive to be a church that serves our community and the world, realizing and sharing the satisfying and abundant life Christ brings to all people."*

## W.O.W. Corner

Summer is winding down and we are preparing events to entice one and all as the weather cools and our winter residents return.

Do you have or would you be willing to purchase small soft stuffed dogs and cats that a person can keep near them for comfort and pleasure? The W.O.W. Team is joining with the youth to bring 'comfort pets' to residents at Merrill Gardens. Experience has shown lowered blood pressure and less depression can result from this small gesture. This project was suggested by one of the newest members of the W.O.W. Team and was readily accepted by the team and Youth Leader as a great project for multigenerational participation. Won't you help?

The second annual Fall ween event will take place on October 24<sup>th</sup> from 3:00 – 7:00 pm throughout the church campus. The activities and events from last year will be repeated with some fun and festive additions. So please mark your calendars for this date and come join in the fun. Please contact Ron Walker and let him know if you have an idea for this event or another in the future.

Of course no fall would be complete without planning for the Christmas season. The W.O.W. Team is planning to greet you at services on Christmas Eve in Dickens period costumes. There will also be a live nativity and other attractions to help us all remember the *real* meaning of Christmas. Although W.O.W. and the youth will join forces for this event, we will still need your help with these activities as well as for golf cart assistance in the parking lot.

As always, we need volunteers to help us carry out your ideas. Individual participation in these activities is both fun and rewarding. Come join us and have a lot of fun!

## Scout Troup 640

Four Scouts from our Troop 640 joined some forty Scouts from Troop 451, chartered to Grace United Methodist Church in Mesa, and attended Scout Camp Geronimo. The four Scouts were joined for part of the week by Monty Gingrich and Rich Simoes, Dads of the Scouts and Assistant Scoutmasters of our troop.

Nathaniel Gingrich earned the Camping Merit Badge, the last required badge for the rank of Eagle Scout. He is now planning an Eagle Project at the church and will join the three prior Eagles: Jonathan Sheridan, Jimmy Olsen, and Sean Sheridan. He also earned several other badges and was elected to the Order of the Arrow, the National Honor Campers Association.

Noah Gingrich completed almost all of the requirements for First Class Scout and the Swimming Merit Badge.

Johnathon Copeland earned two merit badges and has only to camp out one night to complete Wilderness Survival Merit Badge. He spent a lot of time at the Rifle Range and earned several NRA certificates.

Brandon Simoes completed three merit badges and was also elected to the Order of the Arrow, the National Honor Campers Association. He has only a couple of required Merit Badges left to complete and he will be eligible to do his Eagle Project as the fifth Eagle Scout from Troop 640.

We are grateful for the invitation and hospitality of Troop 451 to have our Scouts join them for this great summer camp opportunity this summer and we look forward to a continuing partnership with this large active troop at our sister United Methodist Church in Mesa.



Dr. Brad Bryant, Scoutmaster

### Current UMCOR Emergencies

To donate to UMCOR on behalf of the following emergency, please write your check to GCUMC and write "UMCOR Advance ##### (fill in the appropriate number)" on the memo line. 100% of your donation will go to those affected by the emergency.

Haiti Emergency  
International Disaster Response  
UMCOR Advance #418325

U.S. Disaster Response  
Spring Storms  
UMCOR Advance #901670

Pakistan Earthquake  
International Disaster Response  
UMCOR Advance #982450

For more ways to help, or to donate online, go to:  
<http://new.gbgm-umc.org/mcor/>





The Grief Support Group meets as needed. Please contact Laurie Christy at 480-671-5768 or by email at Lchristy20@yahoo.com, to schedule a meeting.

**Cancer Support Group**

.....meets each Wednesday at 10:00 am in Room 101-102. This active group provides spiritual support, love, friendship and a helping hand to cancer patients, caregivers and their families. For further information, contact Tom or Dee Ashe at 480-924-5483 or 480-650-6765 (cell) or by email at dee.ashe@yahoo.com



A new group is now meeting at GCUMC, Overeaters Anonymous. It is a fellowship of men and women from all walks of life who meet in order to help solve a common problem ~ compulsive overeating. OA is now meeting on Thursday evenings at 7:00 pm in Room 101/102 of the Education Building. All are welcome.



A Big heartfelt thank you!  
I wish to thank you all for the gift that was presented to me on July 25<sup>th</sup>. Not only did Pastor Fred give me the gift of allowing me to preach but you all gave me a much needed gift of funds to help pay for seminary. Seminary is not cheap with tuition, housing, and fees being over \$13,000 a semester. Your gifts are going straight toward that cost. Thank you all for the gifts, words of encouragement, and the heartfelt goodbyes. You all are my church family and church home and will always be throughout my seminary and ordination process. I will stay in touch and keep you all up to date on what's going on. This process is long and hard but I know this is what God has planned for me. It's because of many of you that I have truly heard and understood my call to ministry. Thank you all and stay in touch.

Love and hugs,  
Heather Rodenborg

(Editor's Note: Heather did find good homes for both of her cats!)

**MIND MENDERS SUPPORT GROUP**

...meets on the 2<sup>nd</sup> & 4<sup>th</sup> Friday each month at 10:00 am in the Education Building. Mind Menders is a support group for caregivers of Alzheimers and other dementia disease patients. Come join us. Contact Jeanette Lunstead at 480-671-9888 or the church office for more information.



**STEPHEN  
MINISTRY®**

We cannot fall beneath the arms of God  
However low we fall,  
They are still underneath us.

William Penn (1644-1718)  
Quoted in *All Will Be Well:  
A Gathering of Healing Prayers*

**UNLOAD**

Various experiences in our lives make us suffer. You could burn your hand, have a fender bender, lose family or friend to death, become ill, lose your shirt in "the market". When people suffer loss or face other crises, their feelings can overwhelm them. Some people are deathly afraid of their feelings and consciously or unconsciously push them down or hide the way they feel. This is not good!

The feelings that accompany suffering need to be expressed. Talking out feelings not only benefits the sufferer but it can create a genuinely kind and caring relationship with those upon whom the sufferer "unloads". Stephen Ministers are eager listeners.

Changing negative feelings takes discipline and will power. An important part of purging negative feelings is to talk and pray about how one feels. Talk to a Stephen Minister. Bring your feelings to God in prayer. Ask for the presence and support of the Holy Spirit. Consider the wisdom of Psalm 42:5:

*Why are you downcast, O my soul?  
Why so disturbed within me?  
Put your hope in God,  
For I will yet praise him,  
My Savior and my God.*

Don't keep your low esteem, your troubles or your bad feelings bottled up. Call the Church office for a referral to our Minister or to a Stephen Minister.

**LEONARDO Da VINCI INVENTED THE SCISSORS**

That’s just to get your attention so you’ll read this!

Do you have a Thursday that’s free? How about Thursday, October 7th.

Join our caravan as we head south to St. Andrew’s Children’s Clinic. Come with us for a day you won’t forget. Sign up in the narthex.

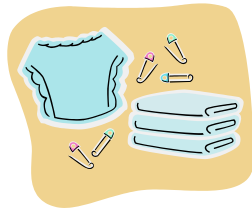
Items we are collecting include: large therapy balls, blenders (used or broken), vitamins with iron, diapers, disposable bibs, Enfamil, Pediasure, and toiletry kit items, especially toothbrushes.

See you Thursday, October 7th.

Questions? Call

Alyce Ancell 983-2510

Gail Crawford 671-3697



**MEN’S RENEWAL RETREAT**

It’ll be Fall before you know it!

And it’ll be time for the Desert Southwest Conference Men’s Renewal Retreat at Prescott, Arizona. The theme this year is “All the King’s Men” and is being led by Craig Smith of The Shepherd Project, Castle Rock, Colorado. The dates are Friday through Sunday, October 1-3, 2010 at the United Christian Youth Camp in Prescott, AZ.

This retreat is for ALL THE MEN of the church and their friends (13 years of age and older). Young men ages 13 through 18 will only pay 1/2 the regular cost for a cabin and 5 meals ~ but will need someone 21 or older to be responsible for them while attending camp.

We’re asking that everyone be pre-registered and online registration is now possible at [www.desertsouthwestconference.org/umm](http://www.desertsouthwestconference.org/umm). An early registration discount is available.

Please notice that there is also a place to enter a tax-deductible donation if you cannot attend ~ this helps offset the campships that are being offered to young men.

If you have any questions regarding this upcoming retreat, please feel free to contact Paul Simonsen, Retreat Registrar, at 623-412-2725 or [paulsimonsen@msn.com](mailto:paulsimonsen@msn.com).

\*\*\*\*\*

**Single’s Retreat**

The 30th United Methodist Single's Retreat "Touched by Grace" will be held October 8-10, 2010 at Camp Mingus. Reverend Tom Wick is the guest speaker and will lead workshops on God's grace. On Saturday there will be a celebration of the 30th anniversary for the conference's singles retreat and Max McQueen's 30th year as retreat dean. Cost is \$101 per person through September 27, 2010, after that the cost is \$111. The final deadline is October 5, 2010.

For more information and registration call CrossRoads UMC at 602-944-1524 or Max McQueen at 602-258-1207.

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**Come Join the Fun!**

Our Desert Southwest Conference is sponsoring a “2010 Dad & Me Retreat” on October 15-17. Mingus Mountain Camp will be hosting its second annual Dad -n-Me camp. This camp will be a time and space set apart for kids to do positive, outdoor activities with their fathers. Cost for Dad plus one child is \$125, Dad plus 2 children is \$150. Register by calling the Desert Southwest Annual Conference Camping Office at 800 -229-8622, Ext. 215. Brochures available at the Information Desk in the Narthex.

**THE PAGE TURNERS BOOK CLUB**

Our next meeting is Monday, October 25<sup>th</sup> at 2:00 pm at Diana Linton’s home, 4366 S. Avenida De Angeles 480 -229-0706. We are reading *Half Broke Horses*, by the author of *The Glass Castle*, Jeannette Walls.

This time, she brings us the story of her grandmother, who along with her husband ran a large ranch in Arizona. Pick up the book today. It’s a short read ~ and then join us for light refreshments and the review.


**Let’s Walk to Help Homeless Families on September 25<sup>th</sup>**

It’s time to begin putting together our team for the UMOM 2<sup>nd</sup> Annual Walk for Homeless Families. Last year, a small group representing our church, including young people, took to the streets to raise funds for the UMOM New Day Centers sheltering programs. We’d like to make the GCUMC Team truly represent our church. Sign-in begins at 6:30 am at Wesley Bolin Plaza in Phoenix. Walk begins at 7:00 am. If you would like to be on the GCUMC Team you may bring or mail your check made out to GCUMC, with the note “UMOM Walk” on the memo line, along with the information below, to the office. We will then give/mail you your pledge sheets so you can begin to raise funds for this very important United Methodist program. If you have any questions, please contact Suzanne in the office at 480-982-3776.



**Please also send us your: Name, Address, Phone, Email and (Adult S, M, L, XL, XXL; Child S, M, L).**

# GCU MC Calendar September 2010

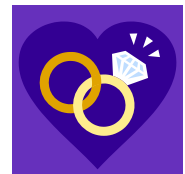
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Key</b> OA=Overeater's Anonymous    AA=Alcoholic's Anonymous K Rm=Koinonia Room            Sanc=Sanctuary SofG=Sea of Galilee Room      Ed.=Education Building WOW=Witness our Wonder (Events & Outreach Planning)						
5 8 am Adult Sun. School-SofG 8 am Traditional-Sanc. 9:30 am Traditional-Sanc. 9:30 am Adult Study—Rm 106 10:50 am Praise-K Rm 6:30 pm Youth Fellowship-Ed.	6 <b>OFFICE CLOSED LABOR DAY</b>  7 pm Al-Anon ~ Rm 101/102	7 10 am Community Grounds ~ Rm 101/102 6 pm WOW Mtg.=K Rm	8 10 am Cancer Group ~ Rm 101/102 4:30 pm U-Can & Bears Clubs~ Ed. Bldg.	9 10 am Stitches Unlimited-Rm 101/102 7 pm Chancel Choir—Sanctuary 7 pm OA—Rm 101/102	10 10 am Mindmenders~Rm 101/102 5:30 pm AA-SofG	11
12 8 am Adult Sun. School-SofG 8 am Traditional-Sanc. 9:30 am Traditional-Sanc. 9:30 am Adult Study—Rm 106 10:50 am Praise-K Rm 6:30 pm Youth Fellowship	13 <i>If you'd like to send Heather a birthday card, bring it to the church by TODAY &amp; we'll send them all together</i>  7 pm Al-Anon ~ Rm 101/102	14 10 am Community Grounds ~ Rm 101/102 7 pm Youth Handbells-Sanc.	15 10 am Cancer Support ~ Room 101/102 4:30 pm U-Can & Bears Clubs~ Ed. Bldg. 5:30 pm Angel Choir—K Rm 7 pm Chancel Ringers-Sanc.	16 7 pm Chancel Choir—Sanctuary 7 pm OA—Rm 101/102	17 5:30 pm AA-SofG	18
19 8 am Adult Sun. School-SofG 8 am Traditional-Sanc. 9:30 am Traditional-Sanc. 9:30 am Adult Study—Rm 106 10:50 am Praise-K Rm 6:30 pm Youth Fellowship	20 7 pm Al-Anon ~ Rm 101/102.	21 10 am Community Grounds ~ Rm 101/102 5:30 pm Houser Gang-K Rm 7 pm Youth Handbells-Sanc.	22 8 am-Newsletter Assembly 10 am Cancer Support ~ Room 101/102 4:30 pm U-Can & Bears Clubs~ Ed. Bldg. 5:30 pm Angel Choir—K Rm 7 pm Chancel Ringers-Sanc.	23 Pastor Hu's Birthday 10 am Stitches Unlimited 7 pm Chancel Choir—Sanctuary 7 pm OA—Rm 101/102	24 10 am Mindmenders—Rm 101/102 5:30 pm AA-SofG	25
26 8 am Adult Sun. School-SofG 8 am Traditional-Sanc. 9:30 am Traditional-Sanc. 9:30 am Adult Study—Rm 106 10:50 am Praise-K Rm 5 pm Country Worship & Potluck-K Rm. 6:30 pm Youth Fellowship	27 10 am Sleep Apnea Clinic-Rm 101/102 7 pm Al-Anon ~ Rm 101/102	28 10 am Community Grounds ~ Rm 101/102 7 pm Youth Handbells-Sanc.	29 10 am Cancer Support ~ Room 101/102 4:30 pm U-Can & Bears Clubs~ Ed. Bldg. 5:30 pm Angel Choir—K Rm 7 pm Chancel Ringers-Sanc.	30 1 pm Sleep Apnea Clinic—Rm 101/102 7 pm Chancel Choir—Sanctuary 7 pm OA—Rm 101/102		



# September Birthdays

Michelle Cassella	1	Kim Shroyer	8	Sandy Billeter	18	Gretchen Anderson	23
Donna Gale	1	Rodger Burris	9	Kimberly Kenyon	18	Dee Keyser	23
Jim Serrine	1	James Jameson	9	Cynthia Reichert	18	Carter Olson	23
Renee Storley	1	Riley Kate Jones	9	James Van Slooten	18	Dr. Jeffrey Brown	24
Marven Tufte	1	Wilbur Van Dusseldorp	9	David Bos	19	Bob Flint	24
Ashley Williams	1	Frank Grannis IV	10	Laura Parsons	19	Jayne Rolf	24
Ginny Johnson	2	Dick Leet	11	Phil Rowland	19	Jack Donovan	25
Ronald Jurgens	2	Janeane Miller	11	Paul Vara	19	Torchy Doschadis	25
Mary Ann Kinnison	2	Bob Bills	12	Terry Confer	20	Mike Morris	25
Diana Linton	2	Margaret Crites	12	Randi Olson	20	Grover Wallace	25
Lowell Matthews	2	Harriette Downing	12	Ray Villeneuve	20	Bud Rolley	26
Wendy Christian	4	Jan Hegna	13	Dee Ashe	21	Conrad Schmidt	27
Rick Ziegrowsky	4	Ellie Marzahl	13	Mary Berg	21	Leo Gerst	28
Jean Brown	5	Bob Ingram	14	Wes Hodges	21	Richelle Heinauer	28
Norma Gualke	5	Douglas Richardson	14	Don Kinnison	21	Bruce Mercer	28
Darrell Mitchell	5	Scott Watters	14	Patrick McGinness	21	Barbara Oldham	28
Christina Pappalardo	5	Jessica Aguilar	15	Jenny Ohnstad	21	Rich Manbeck	29
Pamela Ingram	6	Veronica Griffith	15	Tristan Williams	21	Shirley Plakos	29
Ira Kenyon	6	Herb Kingery	16	Sherry Blankenship	22	Tom Robison	29
Peter Miller	6	Bob Parke	16	Steve Lukas	22	Noah Gingrich	30
Daniel Petticrew	6	Jerry Pierce	16	Patricia McGinnis	22	Beverly Hart	30
Marilyn Rogers	6	Joe Rosenberg	16	Nancy Miller	22	Shane Steenbock	30
Jerrydean Mercer	7	Heather Rodenborg	17	Robert Pappalardo	22	Jill Sutter	30
Betty Fitzgibbons	8	Ron Trout	17				

# September Anniversaries



Patsy & Larry Arehart	1	Teri & Steve Lukas	9	Janice & Andy Anderson	20
Ritchie & Norman Eriksen	1	Sharyn & William Bennett	12	Joan & Paul Butler	20
Helen & Jerry Pierce	1	Mary Ann & Don Kinnison	12	Bobbi & Lyle Aasheim	23
Margie & Mark Bird	2	Marilyn & Pete Peterson	14	Harriette & Jeff Downing	23
Lisa & Alan Kinzel	4	Judy & Conrad Schmidt	14	Jayne & Arthur Urbach	23
Bonnie & John Lane	4	Lee & Kevin Druding	16	Sue & Herbert Galliard	27
Carol & Carroll Dage	5	Joyce & Darwin Mixer	16	Chris & Ron Houser	27
Sue & Bob Mott	5	Faye & Gary Nord	16	Brenda & Peter Rahaneotis	28
Lizzi & Shane Steenbock	6	Roy & Marilyn Pearson	16	Marcia & Jim Ritenour	29
Carol & Doug Korver	8	Dee and Tom Ashe	17	Peggy & Steve Kinder	30



## VOLUNTEERS DO MAKE A DIFFERENCE

*Jane Hayes, Volunteer Coordinator*  
982-3776

I am continuing with the letters **D** and **E** this month to encourage Inspirational Values.

### DETERMINATION

The work we're doing in our schools, at church, and for non-profits is more important than ever before. With our time and our money, we're keeping many organizations afloat in these tough economic times. Continue your fine work and determination not to let them down.

### DEVOTION

The Disciple Study Program is known for its spiritual education for many of our church family.

Special recognition is due for our recent leaders:

Disciple I (two classes) Thomas & Shirley Feather

Disciple III Neil & Melva Houtcooper and Rev. Hu & Wendy Rhymes

If you are interested in taking one of the classes offered, please look for the sign-up sheets available in the narthex of both buildings.

### ENCOURAGEMENT

For those of you who like volunteering and belong to AARP, register and join "Create the good" group which has ongoing opportunities locally or universally in which to participate. Just a few ideas are: Hospice Volunteer with Sun Valley Hospice, Pathway's volunteer curriculum developers who organize, develop, research and secure curriculum resources for job training, The Orphan Foundation which helps orphans and foster kids find loving homes, Foster Dogs with AARF, Operation Quiet Comfort which supports the troops domestic and abroad, and AARP Washington's Community Impact Team which builds relationships with state and federal legislators at the local level.



Do you have the time? No, I don't mean your watch! Please look over this list of volunteer needs. If you can assist with one or more of the following, **complete and place this form in the collection plate, at the information table or church office.**

<u>Job</u>	<u>Mins. per week</u>
Foodbank (Mon. - Fri.) 8:30 am--12:00 pm	210
Hospitality/Coffee Server	30+
Shut in Meals	75
Sound Booth	90
Greeter	40
Bake cookies	60
Transportation to dr. appts.	60 +
Assist custodian	60 +
Office Receptionist	240

Name \_\_\_\_\_

Phone \_\_\_\_\_

### Roadrunner Email

Would you mind receiving your *Roadrunner* and event announcements by email? If so, please fill out the information below, tear it off and drop it in the collection plate or send it in to the church office.  
**PLEASE PRINT CLEARLY**

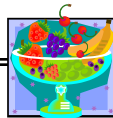
Name (s): \_\_\_\_\_

Email Address:  
\_\_\_\_\_

Do you wish to continue to receive hard copy Roadrunners as well?  Yes  No



### COOKIE LOVERS!



Our Hospitality Team is in need of cookies, breads or fruit to continue serving after 8:00 and 9:30 services. We will accept cookies anytime during the week in the office or on Sunday in the kitchen. OR we will do the shopping for you. With \$5 donations we can purchase baked goods in quantity to have on hand. You can contribute by donating funds on Sunday at the tables on the patio or adding a check for "Kitchen Fund" to the collection plate. Thank you!



**Gold Canyon United Methodist Church**  
 6640 S Kings Ranch Road  
 Gold Canyon, AZ 85118  
 Phone: 480-982-3776  
 Fax: 480-671-0028  
 Office Email: goldcanyonumc@mindspring.com  
 www.goldcanyonumc.org

**Non-Profit Organization**  
**U.S. Postage**  
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**Apache Junction, Arizona**  
**Permit No. 64**

**GCUMC Staff**

Senior Pastor	Fred A. Steinberg
Minister of Pastoral Care	Hu Rhymes
Associate Pastor	Bob Deits
Director of Education	Ellis Falk
Director of Music Ministries	Douglas J. Benton
Associate Director of Music	David Ballard
Director of Youth Ministries	Wendy Moore
Pianists	Carol Ballard, Linda Jones, Marty Robison Nancy Virden
Office Manager	Suzanne B. Jacobson
Administrative Associate	Diane Rasmussen
Volunteer Coordinator	Jane Hayes
Parish Nurse	Monica Ortega-Watters
Nursery Care Giver	Susan Kenyon
Facility Care Taker	John LaViolette

**Addressee or Current Resident**

[Empty dotted box for address]

**WORSHIP SCHEDULE**

**\*8:00 AM—Traditional Worship**

**\*9:30 AM—Traditional Worship  
 In the Sanctuary**

**\*10:50 AM—PRAISE Service  
 In the Koinonia Room  
 Music led by *Uncommon Grace***

*\*Childcare Provided*

**5:00 PM—Country Western Service  
 Last Sunday of the month only  
 Potluck follows**

**SUNDAY SCHOOL  
 SCHEDULE**

*Children's Sunday School classes begin in the Worship Service with their families. Children are led to their classrooms after the Children's Sermon.*

- ✝ 8:00 AM ~ Adult Sunday School  
Meets in Room 101/102
- ✝ 9:30 AM ~ Children's Sunday School  
Pick up in Room 101/102
- ✝ 9:30 AM ~ Youth Sunday School
- ✝ 9:30 AM ~ Adult Study
- ✝ 10:50 AM ~ Children's Sunday School
- ✝ 11:00 AM ~ Adult Sunday School

Deadline for October Newsletter Sept. 10.  
 Weekly Bulletin Insert Deadline: **Noon** on Wednesday  
 Your GCUMC Publications are brought to you by:  
 Georgia Kirkpatrick, Diane Rasmussen and  
 Kathy Serrine, with help from the Friday Bulletin  
 Team and the Roadrunner Assembly Team