



Gold Canyon United Methodist Church

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NO.8

From The Pastor: "Prayer for Children"



Summer is the time I spend an uninterrupted three weeks with my family. In those three weeks we have played board games, ridden bicycles, climbed Half Dome, dove into the Merced River, laughed with one another and created some lasting memories. I have the pictures to prove it.

It has been a great time for my son and I to spend quality time together. As we neared the end of vacation he began to think more and more about school. He complained it would interfere with his fun. August is the time we think about children and teachers as school resumes. Parents buy school clothes and teachers start making lesson plans. I think as a church we must never forget the concerns of children in our own community and beyond.

Many years ago a pastor I have always respected, Rev. Dewane Zimmerman shared a prayer for children he discovered written by an unknown author. I thought the beginning of the school year would be a perfect time to pray it again.

Let us pray:

We pray for children
who put chocolate fingers everywhere,
who like to be tickled,
who stamp in puddles and ruin their new pants,
who sneak popsicles before supper,
who erase holes in math workbooks,
who can never find their shoes.
And we pray for those who stare at photographers
from behind barbed wire,

who can't bound down the street in a
new pair of sneakers,
who never counted "one potato, two
potato,"
who are born in places we wouldn't be
caught dead.
We pray for children
who bring us sticky kisses and fistfuls
of dandelions
who sleep with the dog and bury gold-
fish,
who hug us in a hurry and forget their
lunch money,
who cover themselves with Band-aids
and sing off key,
who squeeze toothpaste all over the
sink,
who slurp their soup.
And we pray for those who never get
dessert,
who have no safe blanket to drag be-
hind them,
who watch their parents watch them
die,
who can't find any bread to steal,
who don't have any rooms to clean up,
whose pictures aren't on anybody's
dresser,
whose monsters are real.
We pray for children who spend all
their allowance before Tuesday,
who throw tantrums in the grocery
store and pick at their food,
who like ghost stories,
who shove dirty clothes under the bed,
never rinse out the tub,

Continued on Page 3



The Spirit is Building

By Grover Wallace

So God created man in his own image, in the image of God He created him; male and female he created them. God blessed them and said to them, "Be fruitful and increase in number; fill the earth and subdue it. Rule over the fish of the sea and the birds of the air and over every living creature that moves on the ground.

Genesis 1:27-28 (NIV)

Immediately, upon the creation of mankind, God gave the human race responsibilities to rule over everything upon the earth. When God gave mankind this responsibility, the human race had absolute authority and control over the earth and all of the creatures and plants existing in the world He had created. Throughout the centuries, God had continued to give humans specific responsibilities to carry out on His behalf. As you look through the Old Testament almost every page contains examples of God giving responsibility to all of mankind or to individuals expecting that the assigned responsibilities be carried out as He directed.

There was much wickedness on the earth, "So the Lord said, I will wipe mankind, whom I have created, from the face of the earth — man and animals...But Noah found favor in the eyes of the Lord." Genesis 6:7-8 (NIV) So God placed the responsibility of building the ark, gathering his family, bringing the animals, birds and species of every living creature aboard the ark and navigating the ark during the flood that lasted some 150 days. Thus, Noah became the second father of the human race.

God selected Moses to lead the Israelites out of Egypt to the Promised Land. Moses accepted this responsibility from God and led the two million complaining, discontent, quarrelsome and disrespectful Israelites for more than forty years

in the desert, before he died. Then the Lord gave Joshua the responsibility to lead Israel through the parted waters to the Promised Land. During Moses reign of responsibility, he was responsible for delivering the ten commandments and building the tabernacle which included obtaining offerings of material and skilled talents from the Israelites to construct the tabernacle. Moses was probably the greatest Jewish leader willing to accept the responsibility God had given him, although he was somewhat reluctant at the beginning.

After the death of Moses, Joshua accepted God's command to lead the Israelites into the Promised Land which included crossing the Jordan, attacks on King's armies, conquering the land God had promised Israel and dividing the Promised Land among the tribes.

In addition to those mentioned above, others willing to accept responsibilities included David, King of Israel and the planner for building the Temple; the Judges that rescued Israel; and Solomon, son of David, who built the Temple and served as king.

These are just a few of the great human beings that served God by being responsible leaders obedient to God's commands. There are many others throughout both the Old and New Testaments.

Of course, the life of Jesus as he walked, preached, performed miracles and died on the cross for our sins is the greatest story and act of accepting responsibility from God. Throughout all the letters written by the Apostle Paul to the many Christian churches, he emphasized our responsibility to serve, teach, preach, lead, sing and make music, care for the poor and homeless, support our church by sharing our time, talents, efforts and our worldly goods. Therefore, God has given each one of us in the congregation of Gold Canyon United Methodist Church some type of responsibility to serve our Lord. The responsibility He has given each individual should be considered a privilege and not a burden.

On July 8, 2007 the message from Rev. Bob Deits was "How Do You Spell Success?". A ques-

Continued on Page 3

“Prayer for Children” Continued from Page 1

who get visits from the tooth fairy,
 who don't like to be' kissed in front of the
 carpool,
 who squirm in church and scream in the
 phone,
 whose tears we sometimes laugh at and
 whose smiles make us cry.
 And we pray for those
 whose nightmares come in the daytime,
 who will eat anything,
 who have never seen a dentist,
 who aren't spoiled by anybody,
 who go to bed hungry and cry themselves
 to sleep,
 who live and move, but have no being.
 We pray for children who want to be car-
 ried and for those that must,
 for those we never give up on and for
 those
 who don't get a second chance.
 For those we smother ... and for those

who will grab the hand of anybody kind
 enough to offer it . . .

It's not an easy prayer to say. It re-
 minds me that part of my Christian walk
 is to broaden the concerns of my heart.
 To see the things that concern God.
 Let us remember children everywhere
 whom God loves.

Just a note to teachers and students:
 we plan to pray for you in worship on
 August 12th. See you in church.

Grace and peace,

Fred



Building in Spirit, Continued from Page 2

tion to each of us, how do we each spell success
 in meeting our Christian responsibilities?

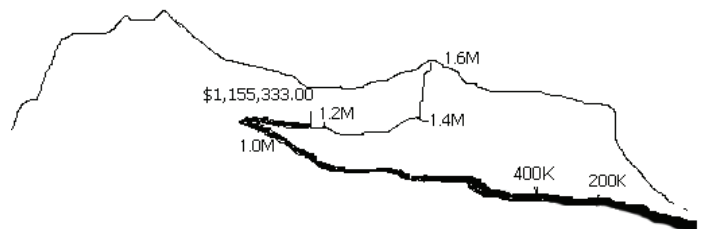
During the month of June, our church family
 shared \$27,223.00 of their monetary possessions
 with the “Spirit is Building” program. As of June
 30, 2007, we have contributed \$1,182,556.00, or
 72.49% of our pledged amount to our current
 three year campaign.

The amount contributed in June was about
 \$10,000.00 less than our mortgage payment
 commitment. During the period of July, 2007
 through February, 2008, we need approximately
 \$54,000.00 to reach our goal for our three year
 “The Spiirit is Building” campaign.

*“Let all debt remain outstanding, except the con-
 tinuing debt to love one another...”*

Romans 13:8 (NIV)

Climbing to the top the “Spirit is Building” Way!
 During the month of May, our Christian family shared
 \$36,077.00. As of May 31, you have contributed
 \$1,155,333.00 or 71.72% of our pledges to our present
 campaign.



Christian Education...

With Katharine Keller

“Our mission is to bring the love of Christ and His teachings to learners of all ages on their spiritual journey, that they be transformed and thus positively affect our local and global communities.”

Chick Flick Nights for August. Please check the board in the church or the notebook in the Education Building for locations and times for this month’s film. (We will be offering some day time options as well). Our movie this month is “Babette’s Feast”. Chick Flick gatherings are designed to bring women together for fellowship and some interpersonal discussion. Just remember to sign up by calling the office, not the hostess. Thanks and see you at the movies.....

Children’s Sunday School Rooms are as follows:

9:30	Babies and Toddlers	Nursery in Main Building
Preschoolers	Room 104	- Education Building
1 st – 3 rd Grades	Room 101	- Education Building
4 th – 6 th Grades	Room 103	-Education Building
7 th /8 th Grades	Room 106	-Education Building
9 th –12 th Grades	Room 105	-Education Building
10:50	Babies and Toddlers	Nursery in Main Building (will be changed soon)
1 st – 6 th Grades	Room 101	-Education Building



New Sunday School Classes

Adult Christian Education for the Fall. We are beginning to plan various study options for the fall. More details will be in the September newsletter, but you can begin now to prayerfully consider a class or small group that will help your journey in following Jesus.



HIGH FLYIN’ THANKS! This is when it is good to be full of “hot air” and go on and on about how wonderful and committed the Vacation Bible School staff was last month. The children learned more about how we all can “soar to new heights with God” as we follow Him, trust Him, listen to Him, repent and then go out in the world and serve in Christ’s name. We could not have offered so much to the children if we had not had the enthusiasm of the crew, who were all a blessing!

Youth volleyball



Starting the first week of June lasting through the first week in August 10 members of our youth group hit the courts every Wednesday night. They are part of the South East District's volleyball league. This is their second year under the direction of **Coach Heather Rodenborg** and they are making great strides. Having not been a part of the league for a couple of years they started the 06 season rather sluggish. But 07 started with a win right of the bat. Our team is really coming together. One game this season we were down 10 points and came back to win the game by 4 points. What I enjoy most about watching our team is the way they encourage each other. When a ball flies off in the opposite direction, maybe even lands in someone else's court, the first thing our team members shout is: "Good Try!" Wednesday night usually ends with a trip to Dairy Queen where we laugh and laugh and laugh. The season will end with a tournament the first week in August and finalize at the Volleyball dance.

With Joy and Blessings Cecilia

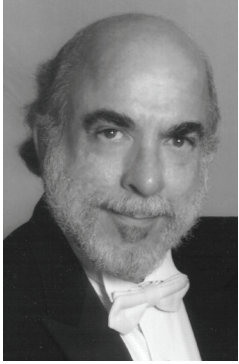
Team Members

- Christina Pappalardo
- Kody Sawyer
- Nora Heilman
- Stephanie Rowe
- Cassea Mogharbel
- Loren Lullo
- Ryan Mestek
- Jon Sheridan
- Sean Sheridan
- Nicole Miller
- Bus Driver Cecilia O'Brien**





Music Notes



August – time to “get outa Dodge” (and Phoenix)! Time to go where the temps are cool, the air is pure, the water is blue, etc., etc., etc. For me it’s a time to listen to scores in preparation for the fall, attend workshops and convocations to better my craft while visiting with old friends, and a time to go to the White Mountains (Lakeside) and commune with God and His creation. This year I participated in/will participate in the American Choral Directors Association’s 4-Corners Choral Workshop in Flagstaff, the Fellowship of United Methodists in Music and Worship Arts in St. Louis, and the Week of Handbells in Bay View MI. When our first rehearsal comes, I’m gonna be *ready!*

Speaking of our first choir rehearsal, we will meet on the last Thursday night of the month, August 30, at 7:00 PM in the choir room. If you have thought about singing with us, or not thought about it until now, and you can read music (even a little) and carry a tune in something other than a basket, come join us at 7:00. We have a great time together – truly a family! We begin with a short meditation then warm-ups and rehearse music usually ahead for about 4 weeks. We have a very active Music Ministry here and welcome you and your family to join in where they can. Next month, I will publish the schedule for all of our groups.

This month, I pray wherever you go, whatever you do, remember to praise God for His many blessings of beauty, of music (natural and inspired), and all things that make life wonderful. But first, pay attention to these blessings – things like smelling the roses, and the coffee, looking at the . . . , experiencing the . . . , etc. God is good! Life is good! May we all continued to be blest this summer!

In His Name,,

Doug

Douglas J. Benton
Director of Music Ministries



We've Got Mail!

So many thanks for your concerns, prayers and thoughtfulness on behalf of Len. I am so glad that I am a part of the family of God.

In God’s Love,
Carol Cederberg and family

I am looking for full time employment. I have a BS in Electrical Engineering. I have had experience in supervisory and management roles in production and quality departments in the manufacturing and service industries. I have also had experience in an account management/customer service position with contacts such as HP, Apple, Chevron and Evenflo. I am proficient in MS Word, Excel, Outlook and others.

David Ballard
480-288-9681

Anniversaries

Robert & Mary Catherine Myers	8/1
Joe & Rose Rosenberg	8/1
Bo & Gerene Bohannon	8/3
Melodie & Bruce Frankel	8/3
Brian & Lisa Cascaden	8/4
Keith & Nancy Petticrew	8/4
Lewis & Doris Stichter	8/4
Thomas & Rose Pease	8/5
Lynn & Ilene Tabor	8/5
Emmet & Agnes O'Byrne	8/6
Daniel & Phyllis Gray	8/8
Sandy & David Billeter	8/12
John & Carol Ann LaViolette	8/12
Roger & Donna Schiager	8/13
Charles & Marjorie Finley	8/14
John & Kletian Phillips	8/15
Nancy & Ed Arbuckle	8/16
Kathryn & William Hughes	8/16
Art & Joan Gibbs	8/18
Linda Jones	8/18
Beth & Don Anderson	8/19
Paul & Pat Renfer	8/19
Kent & Adelyne Douglass	8/20
James & Patricia Fleck	8/20
Jim & Veronica Griffith	8/20
Bob & Iva Peveryly	8/21
Don & Peg Wilson	8/21
Heather & Kekoa Fox	8/22
Ray & Jan Heyse	8/22
Gordon & Audrey Hulett	8/22
Rick & Cynthia Reichert	8/22
James & Beth Cowles	8/23
Rick & Cheryl Hall	8/23
Alan & Jan Helquist	8/23
Richard & Beverly Svoboda	8/23
Michael & Valerie Sheridan	8/24
Barb & Mike Vagnier	8/24
Chuck & Norma McKim	8/25
Tom & Marty Robison	8/25
Bob & Nancy Russell	8/25
Pete & Kay Johnson	8/26
LeRoy & Sharon Johnson	8/26
Gene & Marilyn Thomas	8/26
Bob & Alyce Ancell	8/27
Adrian & Pam Hick	8/27
Angie & Bill Fyfe	8/28
Richard & Marlene Hoffman	8/28
Lyle & Jill Brewer	8/29
Patrick & Anne McGinness	8/29
Max & Sylvia Schuerman	8/29
Darrell & Nancy Tilus	8/29
Doran & Louise Hays	8/30
Earl & Lorna Marifjeren	8/30
Barry & Lois Peebles	8/30
James & Suzanne Jameson	8/31

Birthdays

David Ballard	1	Sandra Butterbrodt	17
Norma Frary	1	Roy Clark	18
Duane Larrew	1	Bill Edwards	18
Robert Mahlandt	1	Harold Greene	18
Kathy Nuss	1	Adrian Hick	18
Dan Sawyer	1	Shirley Hulcher	18
Richard Stanford	1	Kletia Phillips	18
Wanda Tufte	1	Ione Pierce	18
Doris Laver	2	Carol Wagner	18
Claudia Morris	2	Rick Hall	19
Barb Vagnier	2	Janet Jahn	19
Margie Starr	3	John Nuss	19
Karen Carlson	4	Sara Bos	20
LaVerne Colby	4	Chris Fitzgerald	20
Shirley Hodges	4	Tara Houser Jones	20
Sherrill Ofstedahl	4	Darrell Stoner	21
Linda Walker	4	Deanna DeVries	22
Russ Ensey	5	Sharron Gingrich	22
Roy Fuerherm	5	John Linton	22
Dick Barnes	6	Bob Sherman	22
Neil Houtcooper	6	Alyce Super	22
Darwin Mixer	6	Mike Vagnier	22
Pat Pandajis	6	June Welker	22
LeRoy Storley	6	Kent Douglass	23
Lindsey Hall	7	Jan Hahn	23
Joe Johnson	7	Linda Jones	23
Ryan Schenck	8	Earl Marifjeren	23
Pete Johnson	9	Barbara Osborn	23
Evelyn Laich	9	Terry Steinkruger	23
Wendy Moore	9	Jim Taylor	23
Bill Ramsey	9	Ann Brogren	24
Melissa Enos	10	Diane Rasmussen	24
Stephen Hughes	10	Erik Carlson	25
Norman Livgard	10	Wayne Carns	25
Paul Renfer	10	Willa Ficarra	25
E.G. Criswell	11	Donna Fuerherm	25
Jo Ann Ervin	12	Bob Sheridan	25
Jane Hayes	12	Chuck Hardman	26
Don Schaefer	12	Bette Wiff	26
Claire Callahan	13	Melissa Wood	26
Tom Wiff	3	Janice Miller	27
Ruth Bennett	14	Betty Clemensen	28
Weldon Conger	14	Gene Huffman	28
Jerri French	14	Vi Potter	28
David Pearce	14	James Zieglowsky	28
Roger Miller	15	Carolyn Burt	29
Donald Cline	16	Brian Cascaden	29
Donna Hurley	16	Lou Ann Christie	29
Virginia Kimble	16	Marlene Hoffman	31
Charles Acker	17	Glenn Johnson	31
Joan Acker	17	Norma Tambke	31
Judy Atkinson	17	Marven Tufte	31
Joan Butler	17		

VOLUNTEERS DO

MAKE A DIFFERENCE

*By Jane Hayes
Volunteer Coordinator*

Wanted: Summer Volunteers:

Newsletter Layout Assistant

When: Week of the 15th

Skills Required: Desire to layout the monthly newsletter for printing.

Office Volunteers:

When: Friday mornings or afternoons,
or Wednesday mornings

Skills Required: telephone and receptionist skills.

Have you worked in an office or bank ?

Would you enjoy spending an hour or two helping out? Give me a call!

Hospitality Crew

If you enjoy entertaining, consider joining our group! We schedule one Sunday monthly or bi-monthly to set up our Hospitality in the courtyard by the Education Building.

Sunday Refreshments

Perhaps you are a baker or wouldn't mind picking up muffins, cookies or a cake for Sunday Hospitality. If this describes you, feel free to just drop off your items at the church office during the week or early Sunday morning in the Kitchen of the Education Building. It's guaranteed to be appreciated!

Volunteers of the Month

For July

Joyce Shafer

Steve Smith

Sandra Caldwell

William Green

Don Parker

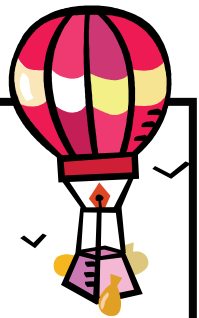
MY FEATURED VOLUNTEER GROUP THIS MONTH IS: VACATION BIBLE SCHOOL VOLUNTEERS

Following the words of John Wesley: "Do all the good you can, by all the means you can, in all the ways you can, in all the places you can, at all the times you can, to all the people you can, as long as ever you can," our versatile VBS volunteers showed their love of over fifty children with passion, patience and dedication. Their many talents included making snacks, demonstrating and guiding crafts, singing, playing, listening and supervising. They came diligently each of the five days and worked for over three hours.

I would like you to consider the activities these model church members were involved in as way YOU might volunteer to serve. The rewards are great and the opportunities to serve and live a life of calling more faithfully are many.

We have many volunteer opportunities and programs available for you to think about.

If you would like to participate in a more global project, consider the many global ministries available with the United Methodist Volunteer in Mission projects. Find out more on the website at www.umc.org.



Thanks to all the Vacation Bible School volunteers who: led the various activity stations or were crew leaders during VBS week, donated props, painted scenery, helped set up and tear down the stage, made the VBS T-shirts, worked the registration tables, donated supplies, cleaned up after us each day, supported the VBS missions project and prayed for the children, their families and the leaders. A big thank you also to those who made financial donations and gave thank you gifts for the teachers. Everyone—we could not have done it without you!

Donna Fuerherm and Katharine Keller
Co-Directors of VBS 2007

Pastoral Care

WITHIN THE CHURCH FAMILY



Sympathies: Debbie Adler, upon the death of her father, Stuart Lorenz; Bud Baxter and his Granddaughter, Danielle Warbel and their family upon the death of Danielle's husband Sam; The family of Ginny Blackshaw, upon her death; The family of Dan Gamas, upon his death; The family of Judy Grap upon her death; Reid Hunter, upon the death of his wife, Betty; The family of Nora Johnson, upon her death; Rev. Lyndon Mason & children, upon the death of his wife, Eva; Pat McGibben, upon the death of Chuck McGibben; Nancy Tschiggfrie, upon the death of her Mom; Lovena Warren, upon the death of her best friend; and the family & friends of the above.

Concerns and/or Continued Prayers: Lyle Aasheim, Leslie Anzelmo, Ed & Nancy Arbuckle, Liz Beltz, Ray Brinkman (Martha Burkenshaw's son), Marian Bonestell, Jim Brown, Bob Burgi, Michelle Casella, Karen Centers, Bob & Karen Chandler, Marsha Cole, Clair Colyer, Mike Cooney, Peggy Cousins, Jim & Eve Dinkel, Lionel DuBois, Steven Dunn, Dale & Inga Fitzpatrick, Jim Geil, Ardeena & Dave Gillette, Verna Hamilton, Don Hammond Jr., Chuck Hardman, Jay Hegna (Jack Hegna's brother), Susie Hoesel, Linda Hoggatt (Jim & Carolyn Burt's daughter), Nancy Horner, Joe Johnson, Dick Knar, Alan Kuzel, Dale Larrew, Viridiana Lopez, Sue Malloy, Merle & Shirley Matzke, Jeff McWilliams, Mary Melvink, Murial Mercer, Jay Miller, Michael Morris, Frank Norris, Emmet & Agnes O'Byrne, Sheila Pawlowski, Louann Rodenburg, Greg Rowland, Otto Schultz, Chuck Seaver, Gloria Sheridan, Barb Sherman's Mom and sister, Sharee Sifferath, Darrell & Helen Stoner, Terry Strutz (Dorothy & LeRoy Wolter's son), Lillian Tho-

mas (Bill Thomas' mother), Jim Toppin, June Welker, Sandra Wilson, UNSPOKEN REQUESTS, and the families (CAREGIVERS) of the above. PRAYERS for the requests in the "CONFIDENTIAL PRAYER" boxes

JOYS – but still in need of prayers:

Barb Baker, Dorothy Baker, Gerene & Bo Bohannon, SSgt. Chuck Bordeaux in Iraq (Lovena & Harry Warren's nephew), John Briggs, David & Linda Boyce, Dorothy Calhoun, Sgt. Jeff Carroll (Harriette & Jeff Downing's nephew), Paul Casper, Helen & Carl Chapman, Sam Clawson, Mark & Donna Cleary, Weldon & Ellie Conger, Chuck & Marion Dickenson (parents of Ken & Kathy Dickenson), Ed Favia (Army), Nancy Favia (Air Force), Ed & Debbie Fulton (Kay Batt's daughter, Tom & Gen Garneski, Audrey & Jim Hibbing, Chris Huston in Iraq (Ken Miller's grandson), Gladys Kay (Jane Hayes, Mom), Jane Lambert, Pat Laux (Dan Laux's dad), Major Brian Martin, Marlene Mason, Todd Matzke (deployed to Iraq), Brian McCann (Jeanette Lunstead's son), Neal McGough (in Afghanistan), Muriel & Burt Mercer, Hedy Moore (Jed Moore's Mom), Isobel Morgan (Ron & Linda Walker's aunt), Dee & Nick Nicholson, Frank Norris (Anna Mae Keast's brother), Jennie Oukada, Tom & Rose Pease, Keith & Nancy Petticrew, Floyd & Ione Pierce, Barbara Sebring, Dee Sherman (Bob Sherman's Mom), Emily Sutherland (Wendy Moore's grandmother), Bill & Bobbi Talbot, Carl & Helen Thacker, (Jerry Thacker's parents), Dave & Claudia Thomas, Marven & Wanda Tufte, Jim & Char Van Slooten and their families.



Joys and Concerns continued from page 8

**DESIGNATED GIFTS
FROM MEMORIAL-FUNERAL
SERVICES**

July 2007

Ginny Blackshaw-GCUMC Stain Glass Fund
and/or American Lung Association

Steven Frary and Robert F. Frary-University
of Wyoming Foundation College of Ag Office-
CALL Hu/Wendy Rhymes for more informa-
tion.



**Crutches...Wheelchairs...
Walkers...etc**

DID YOU KNOW?

Gold Canyon UMC has a storeroom full of
medical assistance equipment to loan out. We
have on hand wheelchairs, walkers, crutches
and other items. If you find yourself in need of
such items, give us a call and tell us what you
need. If we have it, we'll ask you to come in
and sign it out. Then, we'll bring it right down
to your vehicle!



MIND MENDERS SUPPORT GROUP

Meets on the 2nd And 4th Fridays in the Education Building.

This support group is for caregivers of anyone with Alzheimers
or some form of Dementia.

Call Jeanette Lunstead at 480-671-9888 for information.

**United Methodist Federal Credit Union is
proud to announce our 2007 Rev. Dr. Frank
Witman Scholarship Award Competition.**

We will award four \$500 scholarships.

Requirements are:

United Methodist FCU membership required A
minimum GPA of 3.0 (transcripts must be submit-
ted) Write a comprehensive essay (500 words or
less). This year's topic is: What makes credit un-
ions different from banks? What makes your
United Methodist FCU a better choice as a finan-
cial institution?

Transcripts and essay must be submitted no later
than August 31, 2007 to

United Methodist FCU
Attention: Education Committee
5405 E. Arrow Highway, Suite 104
Montclair, CA. 91763

Applications are available at:

[http://umfcu.org/
PDF/2007ScholarshipApplication.pdf](http://umfcu.org/PDF/2007ScholarshipApplication.pdf)

Or a copy may be requested at the church office.
Any further questions, please contact:

Ben Sarracino, Business Development Officer Of-
fice (800) 245-0433 ext # 216 Cell (623) 523-4833
E-mail: ben@umfcu.org
<http://umfcu.org>

See the insert in this *Roadrunner* for membership
information and a membership application!



STEPHEN MINISTRY®

WHO/WHAT IS A STEPHEN MINISTER?

A Stephen Minister is first of all one of us...one who seeks to glorify God in all that is said and done...one who participates with all of us in worship by trusting the Holy Spirit to renew and transform ALL lives, the lives of care-receivers, the life of the Church and the life of the world.

Second, Stephen Ministers are those who will help care receivers find additional care and attention when the care-receiver's needs are beyond the capabilities of the Stephen Minister...who are process-oriented and not result oriented...knowing always that help comes from the Lord, maker of Heaven and Earth, and who are disciplined to recognize and meet a care-

Let us do good to all people, especially those who belong to the family of believers.

Galatians 6:10

receiver's needs while maintaining confidentiality and serving without expecting or accepting financial or any sort of reward.

A Stephen Minister is a good bet! Try one if you are troubled!

**A Stephen Minister
is the Care giver
—God is the Cure giver!**

"...Come, you who are blessed by my Father, inherit the kingdom prepared for you from the foundation of the world; for I was hungry and you gave me food, I was thirsty and you gave me something to drink, I was a stranger and you welcomed me, I was naked and you gave me clothing, I was sick and you took care of me, I was in prison and you visited me."

Matthew 25:34-36



DONATIONS & ATTENDANCE

June	2005		2006		2007		2006	2007
	Gen.	Build.	Gen.	Build.	Gen.	Build.	Worship All	Worship All
1st	12725	8033	17226	9667	17815	12809	530	530
2nd	10107	7282	8738	5289	8172	3596	470	470
3rd	6282	5859	7106	4402	8205	3516	473	473
4th	6813	3981	6646	5392	8178	7302	501	501
5th	—	—	—	—	—	—	—	—
Total	35927	25155	39716	24750	42371	27223	1974	1974

*Includes Electronic Funds Transfers



United Methodist Women of Gold Canyon UMC

The United Methodist Women includes all women of the church. We are dedicated to fellowship, friendship and service. We welcome all GCUMC women.

*Local
Meeting Schedule*

*All UMW Meetings are on
hiatus until fall.
See you then!*

TRAVELERS: REMEMBER ST. ANDREWS

As you travel along, remember to collect those needed items for the toiletry kits! We are getting ready for our fall trip on October 4th, which is just around the corner. As you can see below, their most recent Wish List includes PediaSure and Ensure.

ST. ANDREW'S WISH LIST

First two are critical needs!

- Food supplements (Ensure and PediaSure)
- Child size chairs for Speech & Language Therapy Dept. (6-8)
- Adult vitamins
- Blenders
- Children's chewable vitamins with iron
- Children's Tylenol
- Cranberry juice (10 or 12 oz. Bottles only)
- Disposable bibs
- Disposable diapers, esp. newborn size
- Instant breakfasts
- Peanut butter
- Powdered milk
- Prune juice, small cans only
- Receiving blankets



Dear Friends,
Thank you for supporting the Back to School drive for Wesley Center. The items were delivered in time for sorting and distribution for the August school start. Because of you, many hands will have adequate tools to begin another exciting year.

Blessings to you all,
Gold Canyon UMW



Monetary contributions to St. Andrew's should be sent to:

St. Andrew's Children's Clinic
P.O. Box 2043
Nogales, AZ 85628-9902

Healthy Living

By Susan Malloy, RN
Parish Nurse

This is part three of the summer EMERGENCY PREPAREDNESS.

This is the final part of the three articles I have been sharing regarding protecting yourself from the elements, the weather and now this last one will be on disease.

Practice good health habits: eat right, drink plenty of water, exercise daily, and get plenty of rest.

We read more and more of the threat of disease especially life threatening ones - Staphylococcus, Streptococcus, and the FLU, even the recurrence of whooping cough. Some of these are caused by viruses others by bacteria. It can be frightening to think anyone of us has the potential for exposure and disease. If an outbreak should occur there are a variety of things you can do to protect yourself. First visit www.az211.gov for up to the minute information on Arizona-specific emergency health issues. Next, follow these healthy advice tips that come from the Us Department of Health and Human Services.

TO PROTECT YOURSELF AND YOUR FAMILY take these steps to lessen the effects of such an event. 1) Talk to your health provider to get information about the specific threat. i.e. How might this impact my health? 2) Encourage the adoption of communitywide practices at your place of employment or activity center that encourage sick employees/patrons to stay home while ill. 3) Practice good health habits: eat right, drink plenty of water, exercise daily, and get plenty of rest. 4) Wash your hands often. 5) Cover coughs and sneezes with the crook of your arm not your hands. 6) Stay away from groups of people especially if you are ill. 7) Make sure to keep abreast of any updates about the event and follow the U.S. Department of Health directions accordingly.

Be looking for the FLU shot clinic information that will be held in October, 2007. There will be instructions on getting your appointment and the exact date(s) and times.

This information came from the Emergency Preparedness "Just in case Arizona" booklet.

In the September newsletter, I will be writing about some exciting ways that you can prevent becoming a victim of these outbreak types of illnesses related to a fairly new discovery in Nutrition/Biology. It is revolutionary and could possibly be the "Missing link" in the treatment of many chronic illnesses as well. It is a Preventative approach to self care. Be watching.....

...Blessings of Health and Wellness. Susan



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GCUMC Staff

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Minister of Pastoral Care	Hu Rhymes
Associate Pastor, East Mesa New Church Start	Julius Keller
Associate Pastor	Bob Deits
Director of Music Ministries	Douglas J. Benton
Director of Education Ministries	Katharine Keller
Associate Director of Music	David Ballard
Director of Youth Ministries	Cecilia O'Brien
Pianists	Carol Ballard, Linda Jones, Nancy Virden
Office Manager	Suzanne B. Jacobson
Receptionist	Margaret Ball
Volunteer Coordinator	Jane Hayes
Parish Nurse	Sue Malloy
Nursery Care Giver	Susan Kenyon
Facility Care Takers	John LaViolette, Bob Jones



SUMMER SERVICE HOURS

***9:30 AM —Traditional Worship
 In the Sanctuary**

***10:50 AM—Abundant Life PRAISE
 Service
 In the Koinonia Room
 Music by *Uncommon Grace*
 Pastor Fred Preaching**

**5:00 PM—Country Western Service
 In the Koinonia Room**

**LAST SUNDAY OF THE MONTH
 Pastor Bob Deits Preaching
 ~ with *The Housers* ~**

****Childcare Provided***

SUNDAY SCHOOL SCHEDULE

- ◆ 8:15 ~ Adult Sunday School
Meets in Room 101
- ◆ 9:30 ~ Children and Youth Sunday School
Meet in Classrooms
- ◆ 10:50 ~ Children's Sunday School
Meet in Classrooms